

Saturday, January 26 from 10AM - 6PM

Norma Gentile



Intro to Sound Shamanism Workshop

Sound, Energy and Healing

RICHMOND, VIRGINIA This is a one-day workshop for Practitioners, Performers, and Advanced Students. If you honor that the power to heal is within each of us, you are the type of person who will benefit from the weekend.

The workshop is an interactive experiential training, limited to a dozen participants, with plenty of time for personal focus and questions. I want you to learn how to use and integrate what I am sharing into your own life, meditation, and practice. Please do share this with others whom you think might be interested.

The day includes

- Applying sound to Energy Healing
- Singing, chanting and toning using breath power
- Creating sacred grids for easy clearing
- Using Archangel Michael, Mary, and others in personal healing
- New Nature energy provides physical regeneration
- Grounding using Nature & Earth Energies for support

Norma Gentile, sound shaman, incorporates both sound and energy healing into her private sessions, workshops and concerts. Holding a masters in Voice Performance and years of study with esoteric teachers, Norma is a natural intuitive and channel who receives information from Spirit both in written words and through music. She has recorded four albums of healing music, writes for Sedona Journal, and provides monthly sound healings for Drunvalo Melchizedek's online ezine www.spiritofmaat.com.

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For those of you who want to know more about Norma's own experiences with this technique, which uses sound to magnify other healing modalities, please [read here](#) (Honoring Spirit in the Healing Process)

WORKSHOP COST: \$99 before Jan 10, \$115 after

Limited to 14 participants

This workshop is suitable for practitioners and advanced students. The workshop is limited in size, so there is plenty of time for individual questions and inquiry.

To Register: Contact [Myra Lovvorn](#) via email. You will receive details regarding location and directions upon registration.

Sunday - Monday Jan 27-28 in Richmond VA

Private Healing Sessions

I am very good at helping to lift off heavy energies and get chronic issues to begin to move. Any energy released goes home, to follow its own growth and evolution. This means that what is released does not return. And it means that those energies with awareness know that I mean to help them. In this way your agreement to "keep them safe" is brought to completion, because they are released with honor and respect onto their next step. This is true of all energies, big or small, that your soul and body are ready to release.

Remember that any energy in your body or aura that is not in time or in tune with you will cause a slow, steady draining of your vitality. This leads to larger issues arising in the physical body, emotional overwhelm, and psychic cloudiness. A complete "deep cleaning" regularly can help you find, address, and release what is no longer yours to carry. This frees you up to engage fully with your own life's issues. (and yes, we can address life issues as well in the session).

A recording is made of the session. When you listen to the recording your guides and the healing angels will return to continue to help your personal inner understanding and release continue. Sessions are \$185 and last about an hour. Please be in touch with me to secure an appointment time.

norma@healingchants.com or 734-330-3997. Attending the workshop helps to loosen up the energies from your aura before the session, so please plan to attend if you can prior to your individual healing time.

[Read more about private healing sessions here before booking your appt](#)