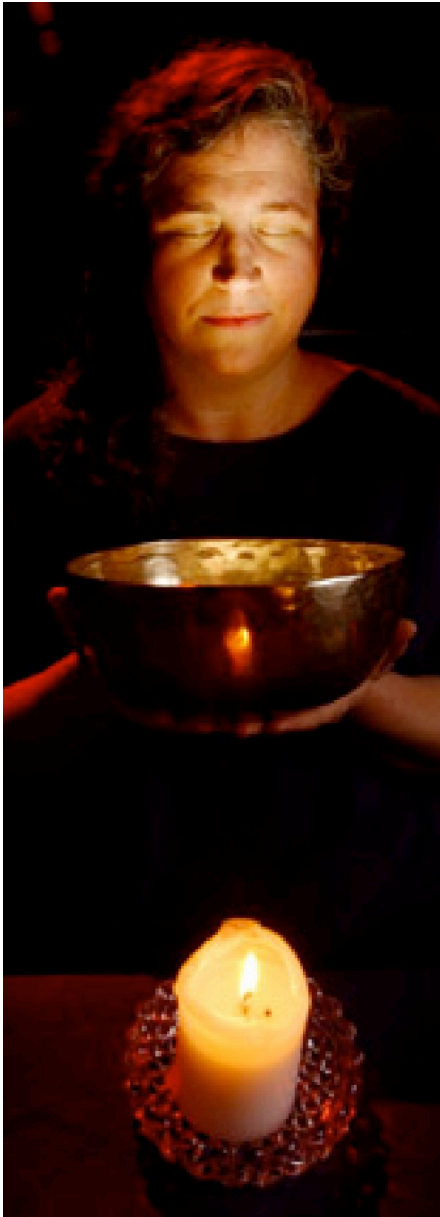


“Intimacy, trust, and abandonment in God” –Yoga Journal



Candlelight Meditation Concert

*Chants of Hildegard von Bingen
&
Songs from Spirit*

Norma Gentile

soprano / sound shaman

with Tibetan Singing Bowls and Harmonic Toning

special guests

Gordon Johnston, Harp
Jeremy Sills, Tibetan Singing Bowls

Saturday, November 6 at 8pm

Tickets \$20 online or at door

www.HealingChants.com

This is a time of sacredness,
devoted to deep inner healing,
nourishment and transformation.

St John the Evangelist Church

154 Somerset Street West, Ottawa ON K2P 0H8

Norma's classically trained voice and her natural ability to intuitively weave Spirit into music come together in the candlelight setting of historic St. John the Evangelist Church. The evening includes thousand-year-old healing chants by the medieval mystic Hildegard von Bingen as well as improvisational songs drawn through Norma from Spirit. Norma is accompanied by harpist Gordon Johnson on some chants, as well as a choir of Tibetan Singing Bowls, Shruti Box (a devotional instrument of India) and Harmonic Toning.

Norma offers an experiential workshop on **Embodying Healing Sounds** Sunday, November 7 at the church from 1:30 - 4:30pm. Tickets \$40 at the door or online. All welcome regardless of musical experience.
DISCOUNTED TICKET PRICE FOR BOTH EVENTS - \$50 ONLINE IN ADVANCE AT WEBSITE

“She carries us to depths and heights
that the soul yearns to explore
and where Spirit and soul soar in unison.
Hildegard is proud!” ~ **Matthew Fox**

Private Healing Sessions in Ottawa / Toronto

Nov 7-9 and Nov 10-12

One hour, recorded for you, especially good
for chronic issues. \$185 US or \$195 CAD.