

[READ ONLINE http://www.healingchants.com/newsletter7-12.html](http://www.healingchants.com/newsletter7-12.html)
[PRINT http://www.healingchants.com/NormaGentile_july12.pdf](http://www.healingchants.com/NormaGentile_july12.pdf)

A Lot of Sacred Masculine Energy arriving a little early this year

Dear Friends,

You may have noticed that in the past couple of weeks there has been a tremendous surge of 'doing' in the world. Even before our Sacred Masculine Father (the Sirian Sun) aligns with our own Sun (July 23-September 17) other elements that carry with them a heightened Sacred Masculine quality are impacting our Earth, and our lives. Solar Flares are one example of this. Faced with so much Sacred Masculine energy available to us, we sometimes run amok of our divine nature and utilize the 'doing' quality of the Sacred Masculine without the equivalent context that the Divine Feminine (reflection) provides.

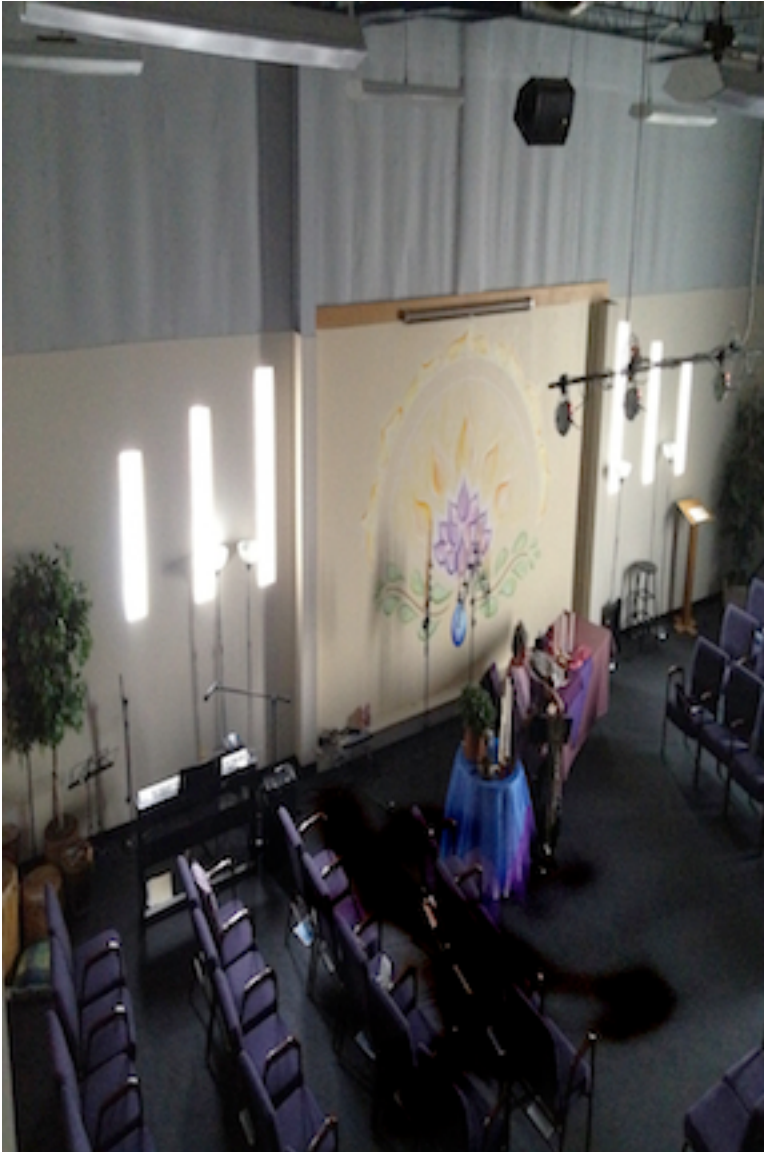
There is a reason that the Divine Feminine has awoken first upon the Earth. She provides the context, reflection and container (Grail) into which the Sacred Masculine energies might safely fall. Without this container, the Sacred Masculine energies are apt to be utilized in a linear 'get it done' manner. With the container provided by the Divine Feminine we are more apt to reflect and patiently contain the energies available to us. When we add a sprinkling of patience to the mix of these energies, we are much more likely to find ourselves moving easily with the larger creative cycles.

If this has been your experience, you may want to take some extra time in the coming weeks to nourish yourself in ways that feel feminine and soothing. As you deepen your own Divine Feminine, your own chalice can hold more of the incoming Sacred Masculine.

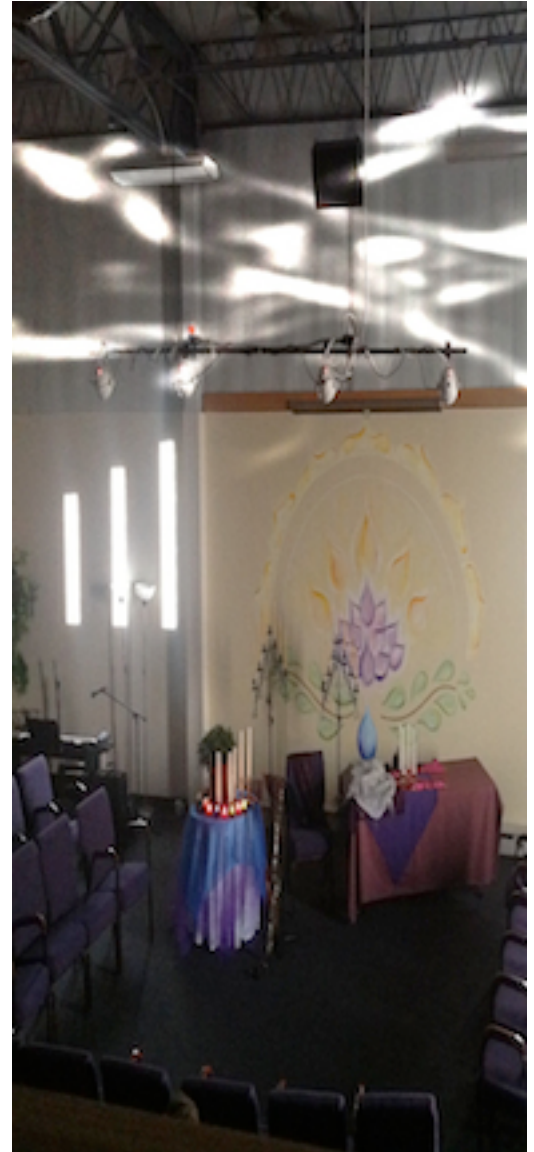
A photo representation of my invitation to Archangel Michael for a conscious, magnified connection. I share this technique with others.

Archangel Michael is already and always present. It is a quality of energy that can be both masculine and feminine. This energy helps other beings and energies find their own way home. What I have discovered is a simple method that lets us share more profoundly in our innate connection to Archangel Michael's quality of consciousness. This is part of what I teach during the Practitioner's Workshop (July 20-22).

Photos taken as I invited Archangel Michael into a room



Before, I am setting up instruments for the event



After, I have asked for Archangel Michael to be in the room in a manner in the room

A Sound Healing: the Beginning

a YouTube video from a recent concert with digital photos taken simultaneously of energies in the room
(you can also see this by going to www.youtube.com/normagentile > uploaded videos)

Michigan, near Ann Arbor

Friday - Sunday, July 20-22

Sound Shamanism Training Workshop Sound, Energy and Healing

This is a weekend workshop for Practitioners, Performers, and Advanced Students. If you honor that the power to heal is within each of us, you are the type of person who will benefit from the weekend.

The workshop is an interactive experiential training, limited to a dozen participants, with plenty of time for personal focus and questions. I want you to learn how to use and integrate what I am sharing into your own life, meditation, and practice. Please do share this with others whom you think might be interested.

The weekend includes

- Applying sound to Energy Healing
- Singing, chanting and toning using breath power
- Creating sacred grids for easy clearing
- Using Archangel Michael, Mary, and others for healing
- New Nature energy provides physical regeneration
- Grounding using Nature & Earth Energies for support

Norma Gentile, sound shaman, incorporates both sound and energy healing into her private sessions, workshops and concerts. Holding a masters in Voice Performance and years of study with esoteric teachers, Norma is a natural intuitive and channel who receives information from Spirit both in written words and through music. She has recorded four albums of [healing music](#), writes for Sedona Journal, and provides monthly sound healings for Drunvalo Melchizedek's online ezine www.spiritofmaat.com.

For those of you who want to know more about Norma's own experiences with this technique, which uses sound to magnify other healing modalities, please [read here](#) (Honoring Spirit in the Healing Process)

[MORE ABOUT WORKSHOP CONTENT](#)

[MORE ABOUT WORKSHOP DETAILS](#)

COST: \$375 before July 1, \$425 after (includes live food lunch)
Limited to 14 participants

To Register:
Please email first and then
send a check to:

Norma Gentile
PO Box 971020
Ypsilanti, MI 48197



LOCATION:
Private
Home near
Ann Arbor
Michigan
Friday, July
20 - - - -
10am - 6pm
Saturday,
July 21 - - -
10am - 6pm
Sunday,
July 22 - - -
--10am -
2pm

This workshop is suitable for practitioners and advanced students.
The workshop is limited to 14 participants, so there is plenty of time for individual questions and inquiry.

UPCOMING EVENTS --- (complete list and more info here)

July 20-22	<u>3 Day Workshop on Sound / Healing</u> in my home in Michigan
Oct 20 -23	Ottawa (Canada) Concert, Workshop, Private Sessions
Oct 24-25	Toronto Private Sessions

The original Energy Pictures:

A friend who has a 'ghost busters' type app on her camera took pictures that show how my CD, Songs of Spirit interacts with dark energies. She then took a picture showing how Archangel Michael's energy looks. (She uses the invocation that I shared with her during my Practitioner's workshop) Click Here to see the other pictures for yourself.

Get the healing power of a Private Session on your iPod / CD player with Norma's free Meditations

available as CD or mp3

Meditation #33 from May 20, 2012

What are You Here to do Now?

Accessing the High Heart to lead and empower your life now

[Purchase as standard CD](#)
[download or stream mp3\](#)

[Subscribe at iTunes Podcasts > Norma Gentile](#)

- 1 Using Sacred Space
- 2 Entering into Sacred Space
- 3 Your Two Heart Chakras (and what they do)
- 4 Meditation on Your High Heart
- 5 Updating Your Spiritual Support Staff
- 6 Sound Healing: How does Your Body want to be supported by Your Soul now? (Mother of Eternity)
- 7 Sound Healing: What are you meant to do now?
- 8 Let your Soul Lead You
- 9 Re-Claiming Your Right to Say "No"
- 10 Your Traditional Heart Chakra
- 11 Experience Your Unique Quality of Unconditional Love
- 12 Exiting from Sacred Space

NOTE: Includes 2 sound healings, recorded during a live concert.

We are gradually developing new chakras. One, related to our thymus gland, helps guide us upon the path that our Soul desires for us to choose in this lifetime. Here, at the High Heart, is where we hear the impulses of "stop" or "proceed" or sometimes even "no". Here is our built-in compass, available to us anytime we choose to use it.

These meditations help you find this High Heart within yourself, open and clear the related chakra, both in front and behind yourself, then reset the chakra and invite in your most potent guides and angels who support you now.

This meditation includes two live sound healings from a recent concert, similar to those on my album Songs of Spirit.

In times of great change there seems to be a large psychic cloud of dust that inhibits us from easily seeing our next steps. At these times the only way of knowing our true direction in life is by trusting that our Soul is intimately connected to our body, and learning to feel what our Soul, through our body, is telling us. Here is an opportunity to settle into a quiet state where those answers might arise from within yourself.

[more information](#)

[download or stream mp3\](#)

This album invokes your personal connection to Archangel Michael and provides a unique healing for you each time you listen to it.

This is a live recording of a healing concert. The focus is the opening of the heart to Sacred Masculine energies held within the Earth. These sacred energies provide a surround and support for the feminine, especially as it relates to the women living in the Middle East, and their emerging Divine Feminine power.

Featuring Harmonic Tones, Tibetan Singing Bowls, and a small woman's choir

- chants of the mystic Hildegard von Bingen
- new chants by Norma Gentile
- spoken poetry of Hildegard
- healing energies from Archangel Michael

AVAILABLE FROM:
[iTunes](#) / [Amazon](#) / [CDBaby](#)

Healing Chants
a live concert recording

LISTEN for free TO A SONG from Norma's album HEALING CHANTS now: [Click Here](#)



GET A JUMP START ON CELEBRATING HILDEGARD

Designs based on Hildegard

NEW - iPhone & iPad

organic / cotton / plus-sizes / children / no

Wearable & Usable Sacred Art - bring you



long sleeve



iPhone cover



ceramic travel mug

Attend a Meditation Concert without leaving your home!

You can now experience a Live Meditation Concert online. It was edited into four parts, and subtitles were added to offer additional insights. See Norma's [youtube page](#) or click below.

[Part 1 Opening to Spirit: talk and sound healing](#)

[Part 2 The Sacred Masculine Within](#)

[Part 3 Ubi Caritas Improvisation \(Where there is Love\)](#)

[Part 4 Improvisation and Kyrie by Hildegard of Bingen](#)

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FREE SOUND HEALINGS (hosted on the SpiritofMaat.com website)

[Mother of Eternity](#)

[Creatus](#)

[Loving Tenderness Abounds](#) (Caritas abundat) from Norma's newly re-released album [Healing Chants](#)

[Tibetan Bowls to clear the backside of your Body and Aura](#)

[Ubi Caritas](#) (4 part harmony) with schruti box

[Caught by Spirit](#) with schruti box

[Weaving Compassion](#) (a choir of Tibetan Bowls accompanies my improvised chant inspired by my Hathor guide Atamira)

[Click Here](#) for more of my Sound Healings and Articles on SpiritofMaat

A Note on Phone Meditations and CDs of Meditations and Teachings:

As of today, I have [32 Meditations and Teachings recordings](#) available. They cover all on different subjects, some are direct channelings from my guides, most often Archangel Michael, Mary, the Hathor Atamira, Thoth, Shesat or a group of Ascended Masters. Most of them invoke Sacred Space and then focus on an issue and provide time for your guides and angels to work with you energetically.

Many are drawn from the live Phone Meditations that I offer each month. About half contain healing songs or chants. All are offered freely as podcasts (you can subscribe directly on iTunes > Podcasts > Norma Gentile) or at cost CDs. At this time donations provide the funding for the free monthly (or so) Phone Meditations, the recording and editing process, posting them online and paying the monthly fee to maintain them online for free download. As of today, more than 40,000 downloads of these meditations has occurred. And chances are you have participated. Thank you! I know it is your energy that shapes each meditation and newsletter, and helps pull the information and insights that I share through me from Spirit.

I look forward to many more meditations, and many more downloads! And yes, please share these newsletters, podcasts and phone meditations with your friends, your email circle and others.

Private Healing Sessions

(offered in person or by phone)

I am very good at helping to lift off heavy energies and get chronic issues to begin to move. Any energy released goes home, to follow its own growth and evolution. This means that what is released does not return. And it means that those energies with awareness know that I mean to help them. In this way your agreement to "keep them safe" is brought to completion, because they are released with honor and respect onto their next step. This is true of all energies, big or small, that your soul and body are ready to release.

Remember that any energy in your body or aura that is not in time or in tune with you will cause a slow, steady draining of your vitality. This leads to larger issues arising in the physical body, emotional overwhelm, and psychic cloudiness. A complete "deep cleaning" regularly can help you find, address, and release what is no longer yours to carry. This frees you up to engage fully with your own life's issues. (and yes, we can address life issues as well in the session).

A recording is made of the session. When you listen to the recording your guides and the healing angels will return to continue to help your personal inner understanding and release continue. Sessions are \$185 and last about an hour. Please be in touch with me to secure an appointment time. norma@healingchants.com or 734-330-3997. [Read more about private healing sessions here](#)

Norma's other offerings ---

RECORDINGS OF HEALING MUSIC AND CHANT

(sacred chants from Hildegard, improvisations from Spirit and healing songs from the Hathors, available as a CD or download)

SPOKEN MEDITATION CDs and PODCASTS

(meditations and information, available as a CD or download)

WATCH HEALING CHANTS ONLINE

www.youtube.com/normagentile

MONTHLY FREE ONLINE SOUND HEALINGS:

sponsored by [Spirit of Maat](#)

<http://www.spiritofmaat.com>

My monthly articles and free sound healings are now available in English, German and Spanish online through www.spiritofmaat.com This is different from the newsletter, which you are reading now.

This newsletter is available in Spanish and English ([subscribe here](#))

Do you buy stuff from amazon.com or amazon.ca?

United States	Canada	When you order anything from amazon (my music, someone else's books or music, suppliments or even a new kitchen sink) HealingChants will send you up to 2% of your purchase from Amazon. Start Now
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Earn up to 2% CashBack for yourself and support HealingChants too!

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734-330-3997, www.healingchants.com
info@healingchants.com

YES please pass this email onto anyone you think would be interested. Just be sure to include my contact info.

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