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[PRINT http://www.healingchants.com/NormaGentile_Julyb09.pdf](http://www.healingchants.com/NormaGentile_Julyb09.pdf)

mid-July 2009 email Newsletter

This week's Eclipses are moving us along

Dear Friends,

A quick note on this week's upcoming energies

On Wednesday, July 22, we will experience a total solar eclipse. The effect began a couple weeks ago, and will continue for another week or more. This eclipse will focus on revealing false masculine structures and **is helping to setup ways in which the Divine Feminine within all of us can be made to feel safe.** Its impact will be most noticeable in the areas of the world where it is visible, (India, Nepal, Bangladesh, Bhutan, Myanmar and China) but all of us can, and are feeling its effects.

The first of two eclipses that bookend this total solar eclipse has already happened. It occurred a few hours before the Michael Jackson memorial service on July 7. This eclipse, and its partner eclipse on August 6, are what I call homeopathic eclipses. While very small in their physical appearance they have great impact upon the larger fields of our lives.

Be aware that the eclipse on August 6 reveals, probably by magnifying them, blind spots that you have created in your own spiritual vision of your path. This eclipse will help you gather all that you have done and step into a new cycle. Its effect began in July, and will continue into the 3rd week of August.

I am in New York City, and glad to meet with anyone who wants to take advantage of an in person session this week. (Wed-Thursday best for me). If you feel called to work with me around the eclipse energies, we can also work by phone next Monday-Wednesday, July 27-29.

KINDLE

Yes, I'm moving along into this new world and my newsletters and some additional texts are available now as a KINDLE BLOG. <http://www.amazon.com/gp/product/B002GYWHX6>

[Click here to read more or subscribe.](#) and please let kindle users know about this. As far as I can tell, I am the only 'new age' spiritual blog on their service.

CLEVELAND

Fri, Sept 18 7:30-10pm Re-Initializing Reiki Workshop
limited to 25 participants. More TBA

TORONTO TBA this fall Sept or Oct



This is a photo of me singing and channeling a sound healing, taken during a workshop last year in Portland, Oregon. Thanks Michelle!

I'll be in New York this week, then St. Louis, Missouri, July 31-Aug 4.

See my [Calendar Page](#) for event tickets and information

Private Healing Sessions

(offered in person or by phone)

I am very good at helping to lift off heavy energies and get chronic issues to begin to move. Any energy released goes home, to follow its own growth and evolution. This means that what is released does not return. And it means that those energies with awareness know that I mean to help them. In this way your agreement to "keep them safe" is brought to completion, because they are released with honor and respect onto their next step. This is true of all energies, big or small, that your soul and body are ready to release.

Remember that any energy in your body or aura that is not in time or in tune with you will cause a slow, steady draining of your vitality. This leads to larger issues arising in the physical body, emotional overwhelm, and psychic cloudiness. A complete "deep cleaning" regularly can help you find, address, and release what is no longer yours to carry. This frees you up to engage fully with your own life's issues. (and yes, we can address life issues as well in the session).

A recording is made of the session. When you listen to the recording your guides and the healing angels will return to continue to help your personal inner understanding and release continue. Sessions are \$185 and last about an hour. Please be in touch with me to secure an appointment time. norma@healingchants.com or 734-330-3997. [Read more about private healing sessions here](#)

~~~~~NORMA'S EVENTS~~([complete list here](#))~~~~

NEW YORK CITY  
July 22-24 [Private Healing Sessions](#)

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ST LOUIS, Missouri  
([event tickets here](#))

July 31 Meditation Concert of Healing Chants  
Aug 1 Sound Shamanism Workshop  
Aug 2 Re-initializing Reiki Workshop  
Aug 3-4 [Private Healing Sessions](#)

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CLEVELAND Ohio  
Sept 18 Re-Intializing Reiki Workshop 7:30-10pm  
Sept 19 [Private Healing Sessions](#)

TORONTO  
sometime this fall Re-Intializing Reiki Workshop

ATLANTA -- -- --- Registration [now Open](#)

October 9-11 [Sound Healing Intensive Workshop \(12 people\)](#)  
October 12-13 [Private Healing Sessions](#)

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TUCSON AZ - - - - -Tickets [now online](#)

Nov 7 Meditation Concert of Healing Chants  
Nov 8 Sacred Sound / Sacred Healing Workshop  
Nov 9-11 Private Healing Sessions

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PORTLAND (Oregon) - - - -Tickets [now online](#)

Dec 4 Meditation Concert of Healing Chants  
Dec 5 ReInitializing Reiki Workshop 10:30am-1pm  
Dec 5 Sacred Sound / Sacred Healing Workshop 7pm  
Dec 6-7 Private Healing Sessions

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## **MEDITATIONS for CHANGE**

AVAILABLE as CD and mp3 [HERE](#)

Information and meditations given on the Summer Solstice, June 21, 2009  
with Archangel Michael, Mary, and the Hathor Atamira

**"Change is allowing what is already present to carry us rather than drag us. "** (track #2,  
Archangel Michael)

The recording contains the teachings (from Archangel Michael and Mary), the two meditations

and a sound healing from Atamira (not part of the original phone conference).

I'm including two sound samples of the recording below. Enjoy!

- 1 Introduction
- 2 A Teaching on Grounding and Change (Archangel Michael) **LISTEN**
- 3 Inviting Sacred Space (with Archangel Michael and Nature)
- 4 The Fourth Cracker Crumb
- 5 Meditation: The Stillness within the Heart **LISTEN**
- 6 Fear and the Enteric Nervous System
- 7 Meditation: Let Spirit work some Change on Your Central Life Issue
- 8 A Simple Song for a Simple Journey
- A sound healing, recorded live in a workshop.
- 9 How to Release Sacred Space 9:04

This hour-long series of talks and meditations was exceptionally deep, and I thank each of you who participated.

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## Tools for Change

Norma's CD, **Healing Chants of Hildegard**, draws Sacred Masculine energies of Archangel Michael from the Earth. This is particularly focused at supporting the emergence of the Divine Feminine in expression through those women now living in the Middle East. You can preview the chants at her website: [www.healingchants.com/recordings\\_hc.html](http://www.healingchants.com/recordings_hc.html) You can download it as an mp3 or purchase the CD.

My essay on **Women and Change in the Middle East** appears in the July issue of the online e-zine Spirit of Maat, along with a new sound healing. Both are offered free of charge.

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Norma's other offerings

### **SPOKEN MEDITATION CDs and PODCASTS**

(meditations and information, available as a CD or download)

### **WATCH HEALING CHANTS ONLINE**

[www.youtube.com/normagentile](http://www.youtube.com/normagentile)

### **MONTHLY FREE ONLINE SOUND HEALINGS:**

sponsored by [Spirit of Maat](http://www.spiritofmaat.com)

<http://www.spiritofmaat.com>

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If so, you can [CLICK HERE](#) and click on the amazon.com or amazon.ca logo at the top of the Store Page of my website to send 5% of your purchase back to HealingChants.com to support the free newsletter, free podcasts and free soundhealings offered each month. Thank you! And yes, my CDs are available at amazon as well.

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YES please pass this email onto anyone you think would be interested. Just be sure to include my contact info.

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