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Re-Initializing Reiki

Update your personal connection to Reiki and your healing guides.



Let yourself hear and follow the Spiritual Beings working with money, ease and living well.



MerKaBa Meditation & Pranic Nourishment
COMING 2020



How Healing Happens
and how to let it happen more

a new video

Rebirthing Yourself from Spirit after trauma

a song and insights
to find the stillness within you

A song to find the stillness within you from which Rebirth arises.

The song in this video, O Rubor Sanguinis, is a medieval healing chant by St Hildegard of Bingen (1098-1179). I sing it in its original language which is Latin. You can find it on my albums Unfurling Love's Creation and Songs of Spirit

Dear Friends,

The topic of recovering from trauma is coming up for many people.

Too often after a trauma we try to 'get back' to where we were before the trauma. We focus on a time when we experienced ourself and our world as being 'good'. Of course, the trauma was underpinning and hidden from us at that time. So trying to replicate the false 'good' of the past and return to being oblivious to what was boiling underneath is not healthy or truly possible.

Moving forward after a trauma is exactly what we do in healing. It is not recreating what was 'good' nor is it following some aspirational but unfounded goal. Moving forward is taking small steps over and over again, until one day we recognize that we have indeed changed.

This is what I do with people in healing sessions. Together we ask your guides, angels and Soul to step in and help you create what is fitting right now, today for the body as it is right now and for the Soul's journey as it is, right now.

Listen to the song in the video above (there is a tiny spoken introduction) and let it lead you into a space of inner stillness. This is where your guides and angels reside with you. Listen. Have no hurry. Spiritual time is not human time. Healing is your birthright.

-Norma (with Mary and the Hathor named Atamira)

Courageous Conversations
Healing of the Heart
Saturday, May 13th, 1-3 pm
an experiential gathering of energy through
toning, chanting and sound energy



**Norma Gentile
and friends**

unity
Spiritual Center
of Lansing

Courageous Conversations – weeks of talk that matters – April 15th – May 13th.
Suggested Love offering \$10 per events
2395 Washington Road, Lansing 371-3010 www.UnityLansing.org

Please join me for an in-person Healing Heart Gathering on Saturday May 13 in Lansing, MI. This will not be live streamed. I will be joined by other musicians in this interactive and experiential time. The room is very large and we can easily spread out. There is an outdoor labyrinth as well. More info [HERE](#)

If you missed the last newsletter, here is a related video and healing song

Transmuting the Physical into the Spiritual
with spoken insights from Norma and a healing song by Hildegard of Bingen



*Transmuting the
Physical
into the Spiritual*

Notes on this
video

The song
Kyrie
Eleison
was
composed
by St.
Hildegard
of Bingen
(1098-
1179) and
translates
as:

Kyrie =
Creator
(the origin
of the word
predates
written
history)

Eleison =
Compassi
on (from
Latin)

Translation
by Peter
Dronke =
Creator,
draw
compassio
n from us.

The full song Kyrie Eleison is on my album "[Meditation Chants](#)" and can be streamed or downloaded [here](#)

Video Credits: This was recorded live and is an excerpt from the Sunday Celebration service at [Interfaith Center for Spiritual Growth](#). Thank you for having me as your guest on the day celebrated as Easter.

Coming Soon a Newsletter focused on SLEEP (insights, info and a new meditation)

I am creating a special audio meditation to help you fall asleep. About 20 minutes in length, this meditation includes a spoken energy process to release energies and a Good-Night Lullaby with Tibetan Singing Bowls and my singing to ease you into a deeply nourishing sleep.

Please consider a Monthly Donation

A monthly donation lets me create healing songs and videos, these newsletters, online concerts, and audio meditations. Your support allows me to hire and pay professionals for editing, recording and various online services. Thank you!

Click Here to
DONATE

or use
the QR
Code



[more donation options here](#)

If you are seeing this newsletter because a friend sent it to you, you can subscribe and see past newsletters [here](#).

O Creation of God
a healing song
(from a live Meditation Concert)

While playing a
large monastic
Tibetan Singing
Bowl, I found
myself awash in
uncompleted
energies despite
having just
completed all that I



[audio](#) / [video](#)

had planned to sing for a concert. As I continued to play the bowl into the silence of the room, I knew that another song needed to be sung in order to escort the remaining energies homeward. This is that song.

A TINY BIO

I have always seen auras. As a psychic I 'see' how people connect to their guides, angels, and other people. My healings assist in clearing accumulated cobwebs and awakening the innate creativity and healing potential within each person. I use my intuition, insights from your guides and angels, healing energies and music in this process. I believe that our world is healed as each person heals themselves.

Private Healing Sessions

(offered by phone or Skype or Zoom)

Sessions include both information from your guides and angels, as well as healing energies to facilitate changes your Soul desires in your body and your life. This multi-faceted approach is notably deep and most people find that one or two sessions provides them with substantial, lasting and profound change. The kind of change that is so complete that there is little or no going back to the other ways of being.

In these healing sessions the spiritual foundation of who you are (the portion of your soul incarnating right now) engages with your body in a new way. This allows what does not reflect your Soul and body to be revealed, understood, and released. Simply put, the real world version of you catches up with the spiritual foundation of who you truly are. After the healing session your Soul, body and life will reflect each other more accurately.

How Your Healing is Supported

I do not intend or focus healing so that your body looks perfect, or that your aura looks like it does in a book. My guides consult and follow your guides, asking at each organ, each chakra, each issue in your life; what is it that your body and Soul choose? What is your next step? And in this

process, allowing whatever no longer serves your Soul's journey to be released.

A recording is made of the session. When you listen to the recording your guides and the healing angels will return to continue to help your personal inner understanding and release continue. Sessions are last about an hour. Please be in touch with me to secure an appointment time. office@healingchants.com or 734-330-3997. [Read more about private healing sessions here](#)

Yes, my music and meditation podcasts are on most streaming services. And I have CDs!

Yes, I still have music on physical CDs.

Best Way to Purchase a physical CD is [Here through my website](#)

UPCOMING EVENTS

Saturday
May 13
1-3pm

Healing Heart Gathering at Unity of Lansing (MI)

Private Healing Sessions

now available by phone / Skype / FaceTime



sample video
The Spiral and Linear Paths of Healing
from the online course: [Re-Initializing Reiki](#)

Dear
Friends,

I am so excited to share with you a video from my developing online course, [Re-Initializing Reiki](#). Please have a look, and feel free to share with others.

The world has changed
You have changed
Reiki has changed

Why wait?
Step into your new connection with Reiki and your healing guides and angels now.

[New Online Video Courses!](#)

(special early-bird pricing and a coupon for \$20 off a [Private Session](#))

Spiritual
course
s in
Healing,
Sound
and
Energy
Awareness



created
for
today's
online
world

Re-Initializing Reiki
Update your personal
connection to Reiki and
your healing guides.
(pre-release price)

How Healing Happens
Insights and meditations to
help you get out of the way
of your own healing
process. FREE

Let yourself hear and follow
the money guides working
with you right now
(pre-release price)

Here are some additional free offerings.

Yes, please share these newsletters with your friends, your email circle and social media.

Norma's Audio Meditations are available as free podcasts at [Apple](#) and [Spotify](#) and wherever you get your podcasts.

Meditation #63 from January 1, 2021

Renewal

A time of Reflection with songs and insights from Archangel Michael, Mary and the Hathor Atamira..

[Apple Music](#)

[Listen to mp3](#)

[Transcript](#)
& more
information

Includes 4 new songs from spirit
and these insights:

- Thoughts on the Healing Process
- Opening Your Energy Body to Deeper Healing
- Our Lower Chakras Follow Larger Creative Cycles
- Clearing Your Pelvis
- Releasing Tension by Clearing Other People's Guides (Neck - Head - Third Eye)



Listen to one of the songs now [Delving Deep](#)

Norma's music is available on [Apple Music](#), [Cdbaby](#), [Amazon](#) and most streaming services.

- Updating Your Life Plans (and the guides / angels to help you)
- Grounding into Your Own Energies within the Earth
- Illusionary goals vs Achievable Goal
- Resetting Third Eye for Clear Psychic Vision

Within each cycle of creation there is a period of Renewal. During this time we acknowledge all the cycles initiated in the past, and know that we carry with us all that is coming from our past. In this meditation you have the opportunity to identify and release what you do not need carry into the future.

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Very Important:

Please be sure to add newsletter@healingchants.com to your approved senders list or address book. This will ensure that you receive the newsletter.