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Let yourself hear and follow the Spiritual Beings working with money, ease and living well.

MerKaBa Meditation & Pranic Nourishment  
**COMING 2020**

How Healing Happens  
and how to let it happen



## Tender Strength

*a song and insight to empower the Sacred Masculine within each of us*

---

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-Norma

Empowering our Expression of the Sacred Masculine

Tender  
Strength

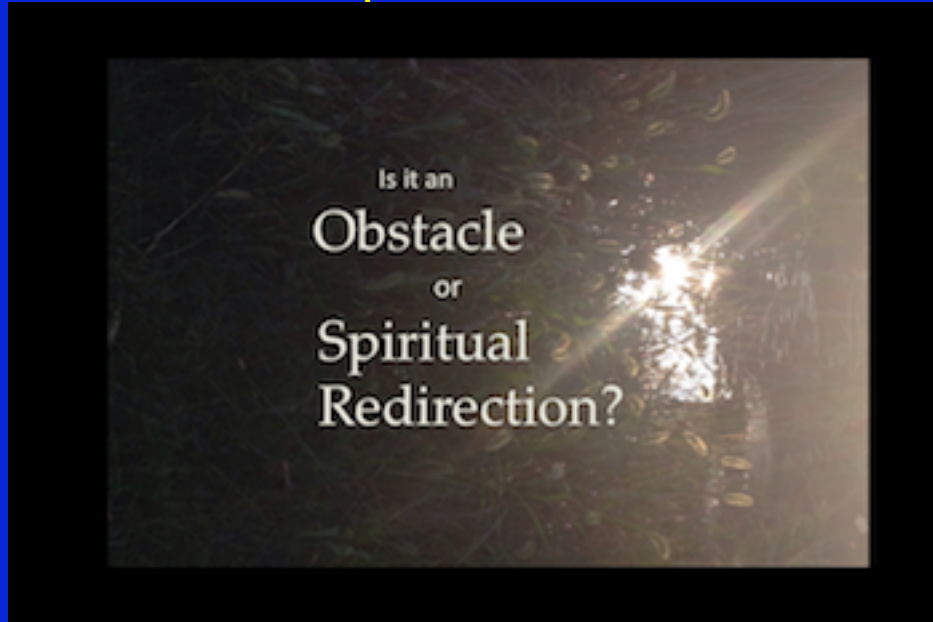


LISTEN TO THE SONG  
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with Norma and her guides (usually Archangel Michael, Mary and the Hathor Atamira)

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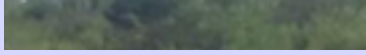
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Grounding & Centering in Difficult Circumstances  
Welcoming Nature & Earth Energies in Meditation

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*Meditation #60 from October 13, 2019*

## **Your Wellspring of Being** *Includes video excerpts and a healing song*

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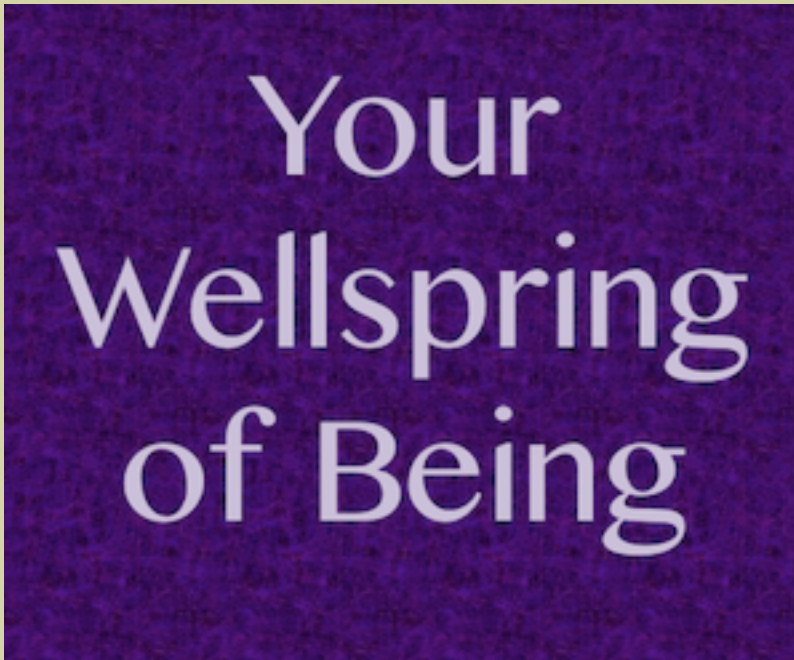
**Great to induce a good night's sleep!**

**This meditation includes an extended clearing that you can repeat on your own, followed by a nourishing healing that is both spoken and sung.**

**During this meditation each person's body is encouraged to tap into its own innate Wellspring of Life.**

**INCLUDES:**

- Recognizing how you are already connected to Archangel Michael
- Guides and Angels from the Past cause Issues in the Present



LISTEN TO THE SONG: [Resolving](#)

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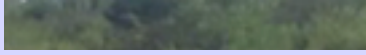
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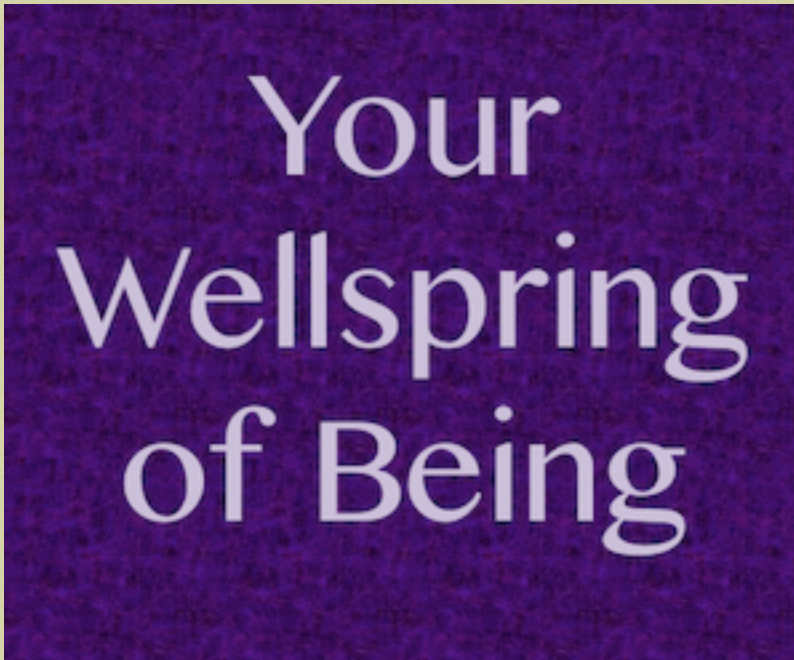
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