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### Re-Initializing Reiki

Update your personal  
connection to Reiki and your  
healing guides.

Let yourself hear and follow  
the Spiritual Beings working  
with money, ease and living  
well.

MerKaBa Meditation & Pranic  
Nourishment  
**COMING 2020**

How Healing Happens  
and how to let it happen



# Tapping into Own Wellspring of Life with a healing

Dear Friends,

I am convinced that as part of our spiritual journey, our Soul offers us a certain amount of difficulty in life... but most of us create difficulty at a level that is *far beyond* what our Soul really

wants our body to experience. Especially when we are in situations where old patterns arise, what is emerging from within us can feel less potent and powerful than what it truly is.

Here is a healing song and short meditation to remind yourself and your body of the quality of energy that your Soul truly wants you to experience and interact with now in Life.

As you watch this, keep in mind that a group of people moving in sync can impact the energy of a room and of a space. Not by inflicting this quality of energy upon others, but by making it more visible. A group of people moving in sync can demonstrate a means by which humanity can begin to make choices where we flow together.

There is a wonderfully nourishing quality of energy that we forget when we are interacting with the mundane world and not taking time for ourselves. I believe this quality of energy may not only nourish our bodies, but may also provide a sort of connective energetic fabric between all beings.

What if this thick, rich smooth energy actually reflected the shared unconscious of all those (not just humanity) in form? What if it were shared by all Beings of conscious and all things in form? How does your body want to remember that this energy is already within you?

Watch the short video [Tapping Into Your Wellspring of Life](#), or listen now to the Healing Song: [Resolved](#) to help you remember and tap into this rich energy within you.

Please feel free to let me know what you notice happening as you watch or listen to the video or healing song. You can listen to the full audio meditation the song and video come from, [Your Wellspring of Being](#).

If you are in the Ann Arbor area, please join me for my [Solstice Meditation Concert](#) on Saturday, December 21. Candlelight, chanting, singing bowls, and lots of wonderful warm healing energies. Please let folks living in the area know about it!

My blessings to each of you,  
-Norma

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#### UPCOMING EVENTS

**SOLSTICE MEDITATION CONCERT - - - Saturday, December 21 at 8pm - - - Ann Arbor**

# Candlelight Meditation

a time of  
Sacred Song  
& Chant

WINTER SOLSTICE

Saturday Dec 21 at 8pm

**Norma Gentile**  
SOUND SHAMAN  
voice and singing bowls

Suggested Donation \$20

Interfaith Center  
for Spiritual Growth  
704 Airport Blvd Ann Arbor



[www.HealingChants.com](http://www.HealingChants.com)

Candlelight  
Meditation  
Concert  
for the Winter  
Solstice & Full  
Moon

Plan Ahead  
and Reserve  
Your Tickets  
Now

[Buy Online](#)

Tibetan Singing  
Bowls, Chanting,  
Harmonic  
Droning and lots  
of wonderful  
deeply healing  
energies.

[Interfaith Center for  
Spiritual Growth -- 704  
Airport Blvd, Ann  
Arbor, Michigan \(just  
south of the I-94/State  
Street exit\)](#)

## UPCOMING EVENTS

### Private Healing Sessions

now available by phone world-wide or in person in SE  
Michigan

Dec 21

[Solstice Meditation Concert \(Ann Arbor\)](#)

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A tiny bio for those who do not yet know me:

I have always seen auras. As a psychic I 'see' how people connect to their guides, angels, and other people. My healings assist in clearing accumulated cobwebs and awakening the innate creativity and healing potential within each person. I use my intuition, insights from your guides and angels, healing energies and music in this process. I believe that our world is healed as each person heals themselves.

## **Private Healing Sessions**

(offered in person or by phone)

Sessions include both information from your guides and angels, as well as healing energies to facilitate changes your Soul desires in your body and your life. This multi-faceted approach is notably deep and most people find that one or two sessions provides them with substantial, lasting and profound change. The kind of change that is so complete that there is little or no going back to the other ways of being.

In these healing sessions the spiritual foundation of who you are (the portion of your soul incarnating right now) engages with your body in a new way. This allows what does not reflect your Soul and body to be revealed, understood, and released. Simply put, the real world version of you catches up with the spiritual foundation of who you truly are. After the healing session your Soul, body and life will reflect each other more accurately.

## **How Your Healing is Supported**

I do not intend or focus healing so that your body looks perfect, or that your aura looks like it does in a book. My guides consult and follow your guides, asking at each organ, each chakra, each issue in your life; what is it that your body and Soul choose? What is your next step? And in this process, allowing whatever no longer serves your Soul's journey to be released.

A recording is made of the session. When you listen to the recording your guides and the healing angels will return to continue to help your personal inner understanding and release continue. Sessions are \$215 and last about an hour. Please be in touch with me to secure an appointment time. [office@healingchants.com](mailto:office@healingchants.com) or 734-330-3997. [Read more about private healing sessions here](#)

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I am on [Facebook](#) - come 'like' my page!**

*Insights on welcoming the role of Unconditional Love, as defined by Nature, into our healing process. And two healing songs to demonstrate this.*

Using the Power of  
Nature's  
Unconditional  
Love  
in healing

NORMA GENTILE  
sound shaman

Sound Shaman Norma Gentile share insights on welcoming the role of Nature's definition of Unconditional Love into healing practices and demonstrates with a spontaneous channeled healing song and a medieval chant (O rubor sanguinis) by St. Hildegard of Beingen.

O rubor sanguinis  
(O Ruby-red Blood)  
is available on Norma's albums

Meditation Chants of Hildegard von  
Bingen

Unfurling Love's Creation

*Meditation #60 from October 13, 2019*

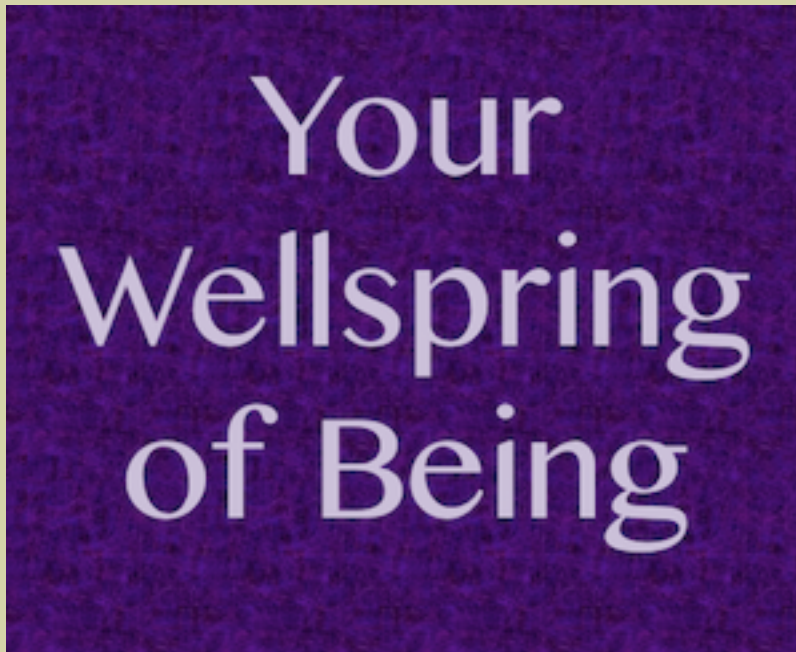
## Your Wellspring of Being

*Includes video excerpts and a healing song*

[Apple Music](#)

[Listen to mp3](#)

[Transcript & more information](#)



LISTEN TO THE SONG: [Resolving](#)

Great to induce a good night's sleep!

This meditation includes an extended clearing that you can repeat on your own, followed by a nourishing healing that is both spoken and sung.

During this meditation each person's body is encouraged to tap into its own innate Wellspring of Life.

### INCLUDES:

- Recognizing how you are already connected to Archangel Michael
- Guides and Angels from the Past cause Issues in the Present
- Meditation (you can repeat) to Thoroughly Clear your Body and Aura (2-4-6 Meditation)
- Healing Through our Imperfections
- Meditation and Sound Healing: Tapping into Your Wellspring of Life
- Your second chakra determines the level of comfort that your Soul wants your body to experience in this lifetime.
- Releasing connections to Other People and Guides and Angels who have completed their task during this meditation

Norma's music is available on [Apple Music](#), [CDBaby](#), [Amazon](#) and most



WATCH VIDEO EXCERPTS:

streaming services.

[Guides and Angels from the Past cause Issues in the Present](#)

[Healing Through our Imperfections](#)

[Meditation and Sound Healing: Tapping into Your Wellspring of Life](#)

an online course  
for all levels and lineages

Re-Initializing Reiki

sample video

The Spiral and Linear Paths of Healing  
from the online course: [Re-Initializing Reiki](#)

Dear Friends,

I am so excited to share with you a video from my developing online course, [Re-Initializing Reiki](#). Please have a look, and feel free to share with others.

The world has changed  
You have changed  
Reiki has changed

Why wait?  
Step into your new connection with Reiki and your healing guides and angels [now](#).

[New Online Video Courses!](#)

(special early-bird pricing and a coupon for \$20 off a [Private Session](#))

Spiritual  
courses in  
Healing,  
Sound and  
Energy  
Awareness

靈 Re-Initializing Reiki  
for all levels and lineages  
氣

How Healing Happens  
and how to let it happen more

sound shaman  
NORMA GENTILE

created for  
today's online  
world

#### Re-Initializing Reiki

Update your personal connection to Reiki and your healing guides.  
(pre-release price)

#### How Healing Happens

Insights and meditations to help you get out of the way of your own healing process. FREE

Let y  
you r  
(pre-

Here are some additional free offerings.

Yes, please share these newsletters with your friends, your email circle and social media.

**Norma's Audio Meditations are available as free podcasts at [iTunes](#)  
Subscribe today!**



This meditation includes insights from myself and my guides Archangel Michael and Mary, along with healing energies to easily open your body's natural connection to it's own Earth energies (also known as 'grounding'), while clearing old patterns that block your Soul's desire for you to create and manifest easily in your lifetime. I include a meditative song (Creating Comfort) near the meditation's end for use whenever you feel 'off' and the world feels 'off' and it's just too weird to put into words. Because when realities overlap and merge, our logical brains are pretty useless!

More of Norma's healing songs, along with videos, can be found under [Sound Healings](#) and [Recordings](#). Her albums are available on [iTunes](#) and at [Amazon](#)

These meditations are very similar to what I offer in my [Private Healing Sessions](#). If you are drawn to this idea, read more about my healing s

MEDITATION  
**Tools for  
Multiple F**

[LISTEN NOW](#)  
[Full Meditatio](#)  
(58 mins long)

SONG  
**Creating Cor**  
[Song Only At](#)

[iTunes](#)

THIS MEDITA

- How a Narc  
Own Intuition

- How much  
does Your S  
Body?  
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