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### Re-Initializing Reiki

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Let yourself hear and follow the Spiritual Beings working with money, ease and living well.

MerKaBa Meditation & Pranic Nourishment  
**COMING 2020**



In these next few weeks the cosmos is aligning so that the uncompromising clarity of light provided by the Sacred Masculine shines into otherwise darkened aspects of our life. Rather than waiting for the energetic phase to pass, we are called to use this time to address what is being illuminated by this spiritual energy.

## A Doorway to Resolve the Unresolved Issues in Your Life Insights and a new healing song from Spirit

Dear Friends,

This time of year is particularly good for seeing and resolving those issues in our lives that keep coming back over and over and over again.

Especially this year! In part that is due to an astrological alignment between our Sun and a star in Sirius. This alignment allows for a stream of energy, best described as Sacred Masculine, to enter into our solar system through Central Sun. If that is all gibberish to you, have no fear! You know how the past couple of weeks have felt? That's what is happening...and in my experience

this stream of energy continues into at least mid-September. Meaning we have a few more weeks of intensity to either avoid our issues, or use the intensity to move through an issue.

If you are still reading, you are probably opting to use this energy in a constructive way to clear out or remove obstacles from your life. Here are some ideas, and a healing song to provide you with some support for this process.

During August and much of September, a unique quality of Sacred Masculine energies is available to us. This year the energy is focused upon aspects of our lives that may seem chronically stuck. Oftentimes these are lifelong issues whose chief traits appeared to be dormant until recently. Something (it could be physical, emotional, or a relationship) that you have always had but assumed it was not worsening or improving. You would describe it as 'just the way it is'.

When the Sacred Masculine energies entering now strike or alight upon this dormant issue in our life, one or more of the traits that this issue presents to us will awaken. Usually these are irritating and of a chronic, not acute nature. Arthritis, allergies, sleep disturbances, emotional reengagement with uncomfortable situations or people, relationship entanglements and a resurgence in making poor choices - all these are common symptoms of a longstanding life issue asking for our spiritual attention.

### **Getting unstuck**

Resolving unresolved issues that have lingered for years (and perhaps decades) isn't easy. There can be complicated intertwining beliefs that we don't believe are changeable. Again, 'that's just the way it is' is the mantra you are apt to find yourself reciting when considering the underlying beliefs. They will feel insurmountable, as if your entire world lives according to the beliefs. (Because, at the moment, you can't see an alternative.)

What is apt to drive you forward is an inner sense that some part of you is very uncomfortable. This is the part urging action. This part of you knows some change is indeed possible. This part of you knows there is something more.

### **Don't Guilt Yourself**

Oftentimes when we notice what isn't comfortable in our lives we feel ashamed. 'How could I put up with this for so long?' 'How stupid that I didn't know better or see this sooner.' Remember, creating a perfect life is what your Soul has already done in other dimensions. This life is for creating issues, and embarking on an exploration of what happens as a result of these issues.

That is why your Soul has chosen to embark in this human exploration. Having a variety of experiences allows your Soul to bring these experiences into the larger shared consciousness of All That Is. When that happens, we each learn from each other's experiences.

In these next few weeks the cosmos is aligning so that the uncompromising clarity of light provided by the Sacred Masculine shines into otherwise darkened aspects of our life. Rather than waiting for the energetic phase to pass, we are called to use this time to address what is being illuminated by this spiritual energy.

What are you ready to unstuck?  
What is ready and wants to evolve in your life?

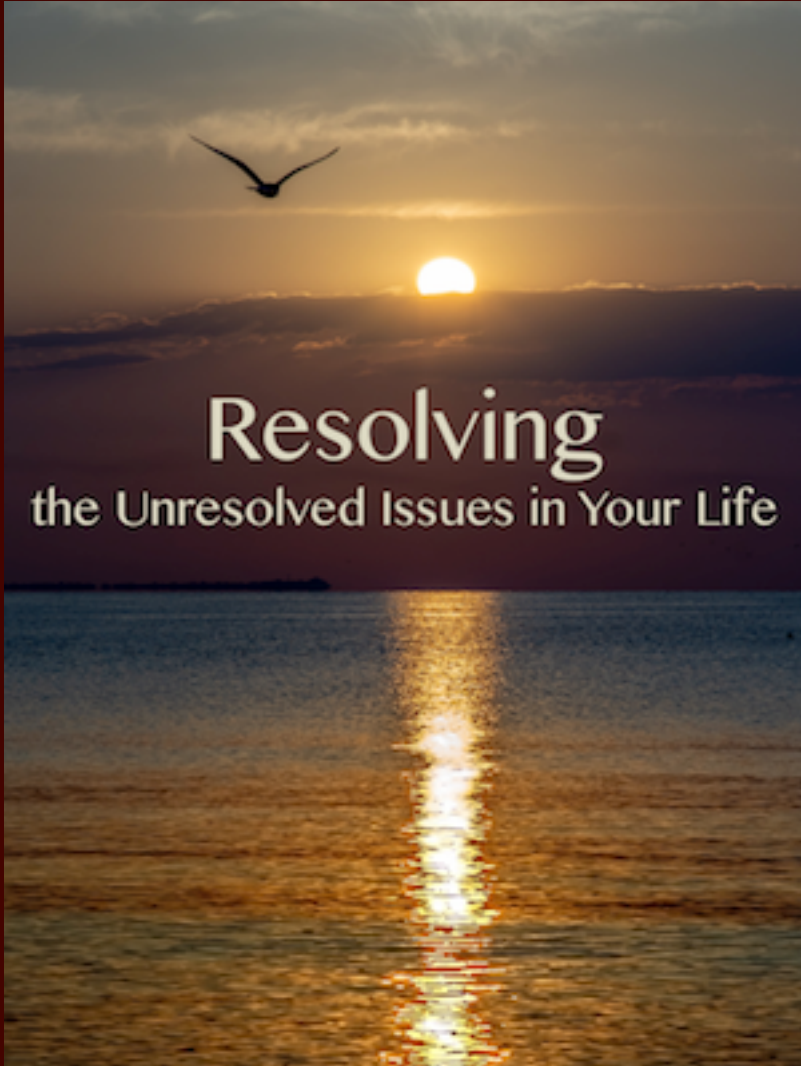
Here is an opportunity for fundamental change. Come. Step into your new life.

If this feels right and resonates with you I am available to work one in one in Private Sessions during this time (phone/Skype). I am also offering a Sound Healing workshop in Ann Arbor on

Sun Sept 22 focused on adding sound to energy and alternative Healing modalities. All are welcome - you can come just to enjoy the meditations and healing music!

My blessing to each of you,

-Norma.



a healing  
meditation song  
**Resolving  
the  
Unresolved  
Issues in  
Your Life**

or

**Unsticking  
the Stuck  
Stuff**

[LISTEN NOW](#)

I offer this  
healing  
meditation song  
to help you find  
your own inner  
knowing that  
guides you in  
your journey to  
resolve  
whatever issues  
are ready to be  
seen,  
understood and  
transformed  
now.

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## UPCOMING EVENTS



**NORMA GENTILE**  
sound shaman

# A Sound Journey Workshop for Experiential Music & Practical on using Music [HealingChairs](#)

Focused on adding so  
Alternative Healing m  
welcome - you can co  
meditations and heal

ALL ARE WELCOME

If you feel yourself responding to music or energy h  
to explore physical healing, strengthening emotio  
deepening meditation, please co

A NOTE FROM NORMA

Sur

I have always seen auras. As a psychic I

SOLSTICE MEDITATION CONCERT - - - Saturday, December 21 at 8pm - - - Ann Arbor

# Candlelight Meditation

a time of  
Sacred Song  
& Chant

WINTER SOLSTICE – FULL MOON      Saturday Dec 21 at 8pm

**Norma Gentile**  
SOUND SHAMAN  
voice and singing bowls

Suggested Donation \$20

Interfaith Center  
for Spiritual Growth  
704 Airport Blvd Ann Arbor



[www.HealingChants.com](http://www.HealingChants.com)

Candlelight  
Meditation  
Concert  
for the Winter  
Solstice & Full  
Moon

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and Reserve  
Your Tickets  
Now

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Tibetan Singing  
Bowls, Chanting,  
Harmonic  
Droning and lots  
of wonderful  
deeply healing  
energies.

[Interfaith Center for  
Spiritual Growth](#) -- 704  
Airport Blvd, Ann  
Arbor, Michigan (just  
south of the I-94/State  
Street exit)

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UPCOMING EVENTS

### **Private Healing Sessions**

now available by phone world-wide or in person in SE Michigan

Sept 22  
2pm-5pm

**Sound Healing Practicum Workshop** Experiential Meditations & Practical Insights on using Music for Healing from Norma and her guides IInterfaith Center for Spiritual Growth, 704 Airport Blvd, Ann Arbor

Dec 21

**Solstice Meditation Concert (Ann Arbor)**

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A tiny bio for those who do not yet know me:

I have always seen auras. As a psychic I 'see' how people connect to their guides, angels, and other people. My healings assist in clearing accumulated cobwebs and awakening the innate creativity and healing potential within each person. I use my intuition, insights from your guides and angels, healing energies and music in this process. I believe that our world is healed as each person heals themselves.

### **Private Healing Sessions**

(offered in person or by phone)

Sessions include both information from your guides and angels, as well as healing energies to facilitate changes your Soul desires in your body and your life. This multi-faceted approach is notably deep and most people find that one or two sessions provides them with substantial, lasting and profound change. The kind of change that is so complete that there is little or no going back to the other ways of being.

In these healing sessions the spiritual foundation of who you are (the portion of your soul incarnating right now) engages with your body in a new way. This allows what does not reflect your Soul and body to be revealed, understood, and released. Simply put, the real world version of you catches up with the spiritual foundation of who you truly are. After the healing session your Soul, body and life will reflect each other more accurately.

### **How Your Healing is Supported**

I do not intend or focus healing so that your body looks perfect, or that your aura looks like it does in a book. My guides consult and follow your guides, asking at each organ, each chakra, each issue in your life; what is it that your body and Soul choose? What is your next step? And in this process, allowing whatever no longer serves your Soul's journey to be released.

A recording is made of the session. When you listen to the recording your guides and the healing angels will return to continue to help your personal inner understanding and release continue. Sessions are \$215 and last about an hour. Please be in touch with me to secure an appointment time. [office@healingchants.com](mailto:office@healingchants.com) or 734-330-3997. [Read more about private healing sessions here](#)

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LISTEN TO





MEDITATION  
Bringing  
Wholeness to  
Your Body -  
Meeting  
Adversity with  
Compassion

LISTEN TO  
THE SONG  
Opening  
Your Feet to  
Grounding



Dear Friends,  
  
I am so excited to share with you a video from my developing online course, [Re-Initializing Reiki](#). Please have a look, and feel free to share with others.

The world has changed  
You have changed  
Reiki has changed

Why wait?  
Step into your new connection with Reiki and your healing guides and angels now.

sample video  
**The Spiral and Linear Paths of Healing**  
from the online course: [Re-Initializing Reiki](#)

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Insights and meditations to help you get out of the way of your own healing process. FREE



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