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## Explore Norma's Online Classes

### Re-Initializing Reiki

Update your personal connection to Reiki and your healing guides.

Let yourself hear and follow the Spiritual Beings working with money, ease and living well.

[MerKaBa Meditation & Pranic Nourishment](#)  
**NEW ONLINE CLASS**

## Bringing Wholeness to Your Body a meditation and healing song to meet adversity with compassion

Dear Friends,

I am nearly out the door for the events with my friend, Elitom, who is coming from Israel. Together, we are sharing insights and energies that nourish our bodies in new ways. Here is a recent audio meditation and song that I offered focusing on finding our core, or inner fire, nourish it fully with these new energies, and moving back out into the world in a more balanced and loving manner.

I am considering the need to meet violent adversity in our outer world not with more adversity, but rather with a sense of warm heartedness.

Not the kind of warm heartedness that allows us to be stabbed by the violent adversity, but rather a warm heartedness that allows us to see beyond the violence, see beyond the adversity, and come to a point of compassion in understanding the pain that another might be feeling.

I find this is really only possible when I feel whole and content within myself. The less balanced I feel, the more I am apt to meet someone else's adversity and violent temper with a pushback energetically of my own.

As we move into summer the longer time of daylight is reminding me of how outbound our culture tends to be. As long as there is light and sun, US culture has a sense of go-go-go-go-go throughout the day.

And that to me is a big piece of why we are having so much violence in our society. I am speaking here as a US citizen. There is such a great amount of short temperedness because we simply have lost the ability to nourish ourselves in a way that helps us find our own center.

Here is a meditation, with a healing song, to do just that.

LISTEN TO  
MEDITATION

[Bringing Wholeness  
to Your Body -  
Meeting Adversity  
with Compassion](#)

LISTEN TO THE  
SONG  
[Opening Your Feet  
to Grounding](#)

Please join me - Elitom has very unique energy skills, and I believe this is worth experiencing.

## **Eating Energy Instead of Food: A Breatharian Visits the USA / Michigan**

**INTRODUCTION**  
to Breatharianism  
Wed June 26 ANN ARBOR

**ONLY US WEEKEND WORKSHOP**  
Thurs June 27 - Sun June 30  
SONG of the MORNING

A true Breatharian is visiting Michigan!

**Wednesday June 26 at 7:30-9:30**

### **INTRODUCTION TO BREATHARIANISM**

(Meditations with sound and silence, mixed with spoken information and ideas)

Held At: [Kashi Nivas Shiva Meditation Ashram](#), 515 Manor, Ann Arbor, MI 48105. Suggested Donation at Door \$20. (no one turned away)

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Only US Retreat 2019

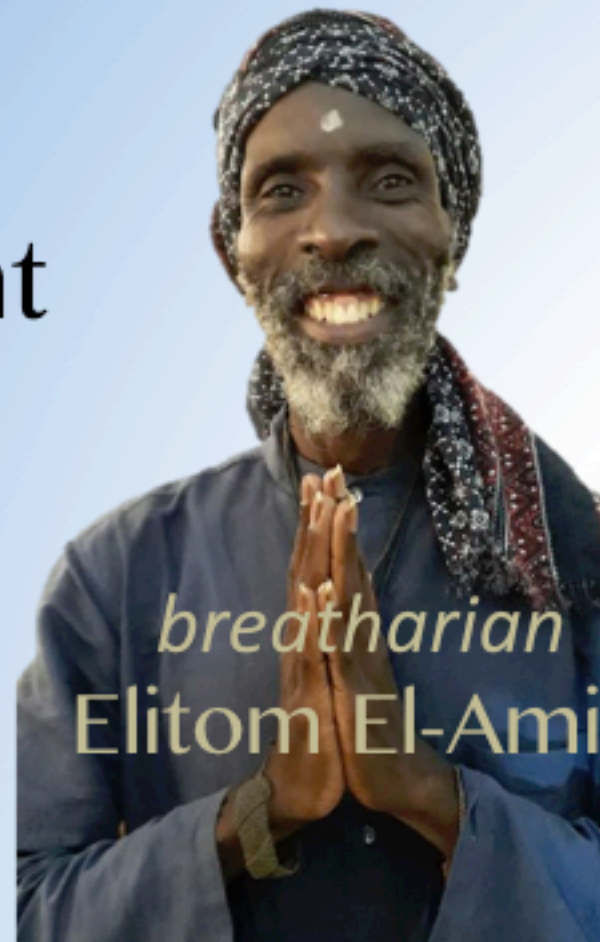
Join Elitom and Norma in the cultivation of pranic life-force for health and wellbeing in everyday life through Energy Awareness, Sound Healing & Time in Nature

# Cultivating Pranic Nourishment

a special healing retreat  
June 27 – 30

Song of the Morning  
Vanderbuilt, MI

[www.SongoftheMorning.org](http://www.SongoftheMorning.org)



*breatharian*  
**Elitom El-Amin**

**Elitom  
El-Amin**  
breatharian  
for 19 years

**Norma  
Gentile**  
sound  
shaman

[FOR ADDITIONAL INFORMATION](#)

# Love Finds a Way

a musical meditation  
with Voices & Singing Bowls

## A HEALING SONG

NORMA GENTILE  
voice & singing bowl

with  
Nathan Correll  
voice & singing bowl

video or audio  
(live concert recording)

A Song from Spirit:  
A musical improvisation  
based on the Spiritual  
Energies present in the  
room.

Love  
Finds a  
Way  
from  
Heart to  
Heart  
and  
Hand to  
Hand

Love  
finds a  
Door  
that  
opens  
through  
our  
Hearts

Love  
finds the  
Space  
Within  
Silently  
Carefully  
Softly

Love  
Finds a  
Way

## UPCOMING EVENTS

### Private Healing Sessions

now available by phone world-wide or in person in SE Michigan

### Introduction to Breatharianism

Meditations and Music with Elitom (Breatharian) and Norma  
ANN ARBOR - Kashi Nivas 515 Manor at 7:30pm. \$20 donation at door suggested.

**Pranic Nourishment Retreat with Elitom, a breatharian of 19 years based in India**  
(Michigan, Song of the Morning)

### Solstice Meditation Concert (Ann

June 26

June 27 -30

Dec 21

## Arbor)

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A tiny bio for those who do not yet know me:

I have always seen auras. As a psychic I 'see' how people connect to their guides, angels, and other people. Through channeled insights, intuitive ideas, energy healing and music I assist others in clearing accumulated cobwebs and awakening their innate creativity and healing potential. I believe that our world is healed as each person heals themselves.

### **Private Healing Sessions**

(offered in person or by phone)

Sessions include both information from your guides and angels, as well as healing energies to facilitate changes your Soul desires in your body and your life. This multi-faceted approach is notably deep and most people find that one or two sessions provides them with substantial, lasting and profound change. The kind of change that is so complete that there is little or no going back to the other ways of being.

In these healing sessions the spiritual foundation of who you are (the portion of your soul incarnating right now) engages with your body in a new way. This allows what does not reflect your Soul and body to be revealed, understood, and released. Simply put, the real world version of you catches up with the spiritual foundation of who you truly are. After the healing session your Soul, body and life will reflect each other more accurately.

### **How Your Healing is Supported**

I do not intend or focus healing so that your body looks perfect, or that your aura looks like it does in a book. My guides consult and follow your guides, asking at each organ, each chakra, each issue in your life; what is it that your body and Soul choose? What is your next step? And in this process, allowing whatever no longer serves your Soul's journey to be released.

A recording is made of the session. When you listen to the recording your guides and the healing angels will return to continue to help your personal inner understanding and release continue. Sessions are \$215 and last about an hour. Please be in touch with me to secure an appointment time. [office@healingchants.com](mailto:office@healingchants.com) or 734-330-3997. [Read more about private healing sessions here](#)

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Dear Friends,  
  
I am so excited to share with you a video from my developing online course, [Re-Initializing Reiki](#). Please have a look, and feel free to share with others.

The world has changed  
You have changed  
Reiki has changed

Why wait?  
Step into your new connection with Reiki and your healing guides and angels [now](#).

sample video  
**The Spiral and Linear Paths of Healing**  
from the online course: [Re-Initializing Reiki](#)

**New Online Video Courses!**

(special early-bird pricing and a coupon for \$20 off a [Private Session](#))

Spiritual courses in Healing, Sound and Energy Awareness



created for today's online world

**Re-Initializing Reiki**  
Update your personal connection to Reiki and your healing guides.  
\$49 (pre-release price)



**How Healing Happens**  
Insights and meditations to help you get out of the way of your own healing process. FREE

Let y  
you r  
\$49

Here are some additional free offerings.  
Yes, please share these newsletters with your friends, your email circle and social media.



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**Very Important:**

Please be sure to add [newsletter@healingchants.com](mailto:newsletter@healingchants.com) to your approved senders list or address book. This will ensure that you receive the newsletter.