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## Explore Norma's Spiritual Courses

### Re-Initializing Reiki

Update your personal connection to Reiki and your healing guides.

Let yourself hear and follow the Spiritual Beings working with money, ease and living well.

Truth  
Resides  
Within



Archangel Michael's Sword of Truth symbolizes Michael's ability to assist all energies and beings to depart from where they no longer fit and return home.

Dear Friends,

I have been considering Truth. It seems that the external world is unclear about the entire concept of Truth. Is it possible that by being presented with chaos externally, inciting us to follow an external leader, we are being enticed to abandon our internal knowing? For myself, the outer world chaos makes it even clearer that my inner guidance is where Truth is revealed. I know that I see more clearly what is transpiring around me when I am consciously aware of the still quiet space deep within my own body.

Experiencing the chaotic events and emotions of our physical world lately has reminded me that Truth is not an external factor. It does not reside outside or around me. Those who seek agreement about what is true or 'ought to happen' from the people with whom they surround themselves are doomed. When the value we place upon our self depends on the value those around us place on us, we end up desperately searching for those who will feed our own need for acceptance. And vice-versa. Eventually everyone sinks in the quicksand of neediness.


As I write this, I am watching a pattern that each of us probably has, to a greater or lesser extent. Those who surround a central person often bestow their support upon that person, not out of genuine agreement, but rather out of their unresolved and highly activated fears of abandonment and being shut out. A sense of false community is formed, whose brick facade lasts only as long as the fear that binds them together.

And this is the key to change.

Those who know, and follow their inner guidance, do not need the acclamation of others. Their joy and love of expressing themselves allows their own Truth to move from deep within their body outward into their actions. This resonates, and reminds others of that deep inner space where their own Truth resides.

Healing through resonance is a powerful tool. When external chaos resonates uncomfortable memories, emotions and situations up into our awareness, it is an opportunity to address and heal these issues. Take a moment, and if you feel something is stirring within you, and is ready to change, I am offering extra times for [Private Healing Sessions](#) now. [office@healingchants.com](mailto:office@healingchants.com)

I offer a song, [Inner Truth](#), from this month's live Meditation Concert to assist in finding your place of inner Truth and Knowing.



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Sword of Truth  
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from Norma's online courses  
Reinitializing Reiki  
Resetting Financial Guides

[A  
Healing  
Song](#)  
  
[to find  
your  
place of  
Inner  
Truth  
and  
Knowing](#)

### **Private Healing Sessions**

(offered in person or by phone)

Sessions include both information from your guides and angels, as well as healing energies to facilitate changes your Soul desires in your body and your life. This multi-faceted approach is notably deep and most people find that one or two sessions provides them with substantial, lasting and profound change. The kind of change that is so complete that there is little or no going back to the other ways of being.

In these healing sessions the spiritual foundation of who you are (the portion of your soul incarnating right now) engages with your body in a new way. This allows what does not reflect your Soul and body to be revealed, understood, and released. Simply put, the real world version of you catches up with the spiritual foundation of who you truly are. After the healing session your Soul, body and life will reflect each other more accurately.

## How Your Healing is Supported

I do not intend or focus healing so that your body looks perfect, or that your aura looks like it does in a book. My guides consult and follow your guides, asking at each organ, each chakra, each issue in your life; what is it that your body and Soul choose? What is your next step? And in this process, allowing whatever no longer serves your Soul's journey to be released.

A recording is made of the session. When you listen to the recording your guides and the healing angels will return to continue to help your personal inner understanding and release continue. Sessions are \$215 and last about an hour. Please be in touch with me to secure an appointment time. [office@healingchants.com](mailto:office@healingchants.com) or 734-330-3997. [Read more about private healing sessions here](#)

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Here is a simple video, excerpted from one of my online courses. Oddly enough, it was originally intended as only an audio meditation. I decided to add pictures to clarify some of the ideas. And it turned out to be a nice mix of information and healing meditations. You can go to [Resetting Your Financial Guides](#) and check out the other sections of the course that are offered freely, and enroll now, at the discounted price. That price also includes a \$20 discount on a [private session](#) with me. .



[Watch Video](#)

[Listen to Audio](#)

This meditation includes:

**Losing stuff in order to save your Life-force**

**How we value Big more than Comfort**

**Maybe striving for more doesn't serve you**

**You are Enough (from Mary)**

**A healing song to create comfort in your life**

This meditation includes insights and energy healing around financial disempowerment; focusing on releasing energies that cause us to feel over-whelmed and to over-work. It includes a healing song, as well as a spoken channeling from Mary (You are Enough), and a healing song..

One of the most interesting sections (to me) looks at how we use our personal energy to 'tune' our possessions. This allows us to define our 'stuff', but may also limit what we allow ourselves to receive in life,

I believe that what is happening in the external world always resonates our own inner issues up and out into our conscious awareness so that we might address them. As we understand more deeply our own wounds, we can more easily have compassion towards the wounds of others.

May what has been offered assist you in your journey,  
Norma

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**UPCOMING EVENTS**

**Private Healing Sessions**

now available by phone world-wide or in person in SE

Michigan

June 23

**Meditation Concert - Ann Arbor**

Yes, please share these newsletters with your friends, your email circle and social media.  
I am on [Facebook](#) - come 'like' my page!

To share via email: copy & paste this URL into your email to them:  
[http://www.healingchants.com/newsletter2018\\_06c.html](http://www.healingchants.com/newsletter2018_06c.html)



sample video

**The Spiral and Linear Paths of Healing**  
from the online course: [Re-Initializing Reiki](#)

Dear Friends,

I am so excited to share with you a video from my new online course, [Re-Initializing Reiki](#). Please have a look, and feel free to share with others.

The world has changed  
You have changed  
Reiki has changed

Why wait?  
Step into your new connection with Reiki and your healing guides and angels [now](#).

**[New Online Video Courses!](#)**

(special early-bird pricing and a coupon for \$20 off a [Private Session](#))

Spiritual  
courses in  
Healing,  
Sound and  
Energy  
Awareness



created for  
today's online  
world

**Re-Initializing Reiki**

Update your personal connection to Reiki and your healing guides.

\$49 (pre-release price)



**How Healing Happens**

Insights and meditations to help you get out of the way of your own healing process. FREE

Let y  
you r  
\$49

Here are some additional free offerings.

Yes, please share these newsletters with your friends, your email circle and social media.

**Norma's Audio Meditations are available as free podcasts at [iTunes](#)  
Subscribe today!**



This meditation includes insights from myself and my guides Archangel Michael and Mary, along with healing energies to easily open your body's natural connection to it's own Earth energies (also known as 'grounding'), while clearing old patterns that block your Soul's desire for you to create and manifest easily in your lifetime. I include a meditative song (Creating Comfort) near the meditation's end for use whenever you feel 'off' and the world feels 'off' and it's just too weird to put into words. Because when realities overlap and merge, our logical brains are pretty useless!

More of Norma's healing songs, along with videos, can be found under [Sound Healings](#) and [Recordings](#). Her albums are available on [iTunes](#) and at [Amazon](#)

These meditations are very similar to what I offer in my [Private Healing Sessions](#). If you are drawn to this idea, read more about my healing s

MEDITATION  
**Tools for  
Multiple F**

[LISTEN NOW](#)  
[Full Meditation](#)  
(58 mins long)

SONG  
[Creating Cor](#)  
[Song Only Au](#)

[iTunes](#)

THIS MEDITA

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Own Intuition

- How much  
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