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## Explore Norma's Spiritual Courses

### Re-Initializing Reiki

Update your personal connection to Reiki and your healing guides.

Let yourself hear and follow the Spiritual Beings working with money, ease and living well.

Courage  
Rising

Courage  
arises from the Heart  
  
that is already  
broken open

HealingChants.com



Dear Friends,

I am pondering how being in a constant state of outrage about external events keeps empathic, thoughtful people from regularly reaching their deeper inner knowing. I notice that it is only from the natural stillness of my own being/body and Soul that creative responses, rather than angry reactions, arise. I believe, because I have witnessed it, that creative responses act upon the causal energies of situations, and so remove what is underlying a situation, rather than merely tapping out the visible flames.

When using a fire extinguisher,  
always aim at the base  
of the fire.



*When healing,  
do the same*

Avoid the flames, while addressing the issues  
that are actually burning.

HealingChants.com

It is a challenge to sit with the deep discomfort being shown to us both in media and on psychic levels. It is only natural to want to 'do something' to alleviate pain. This is human nature. We feel our own inner pain when we look upon someone else's pain. And, we may feel a sense of responsibility for not 'doing something about it.'

The current state of America is being described as a meth lab. One that is ready to blow at any moment. And so, looking at the deeper energies, I wonder what is it that would help those presently engaged within the DC government feel safe enough to express their own inner Truth, rather than falling in line with others out of fear, or swatting at external fires while trying not to get burned.

My healing meditation is this; how does my Soul want to express into the world today? What is mine to do today? Then, turning to others; How does the Soul of person X want to express itself into the world now? Are their actions an accurate reflection of their Soul's journey? Can their Soul offer healing to others in its journey? Keep in mind that oftentimes it is the prodding by a pointy stick that gets us to learn from a situation. And some Soul's have agreed to be that pointy stick.

I have no idea how this will all play out. I do know that over and over I have seen circumstances of meditation and being in deep stillness bring change in remarkable and hidden ways. Actions conceived of within our deep inner silent place contribute to the quiet, nearly invisible motions of Spirit. As Mary reminds me, "Even a rock will be worn down over time by flowing water."

May your still inner place be the sanctuary of each moment.

-Norma

The image is by [Abigail Gray Swartz](#), the poem by Emma Lazarus (1849-1887), as it appears on the Statue of Liberty.



This Saturday's Meditation Concert (June 23) is dedicated to Truth.

**Courage arises through the broken Heart.  
Trust illuminates it.**

Please come and join your hearts with ours in meditation, music and silence.

*in complete candlelight*



Norma Gentile  
sound shaman

# Solstice Meditation Concert



Atmaram  
Chaitanya  
tambura/harmonium

Interfaith Center  
for Spiritual Growth  
704 Airport Blvd Ann Arbor

Saturday June 23  
at 8pm



Nathan Correll  
bowls/gong

HealingChants.com  
Suggested Donation: \$20

Saturday, June  
23 at 8pm in ANI  
ARBOR, MI

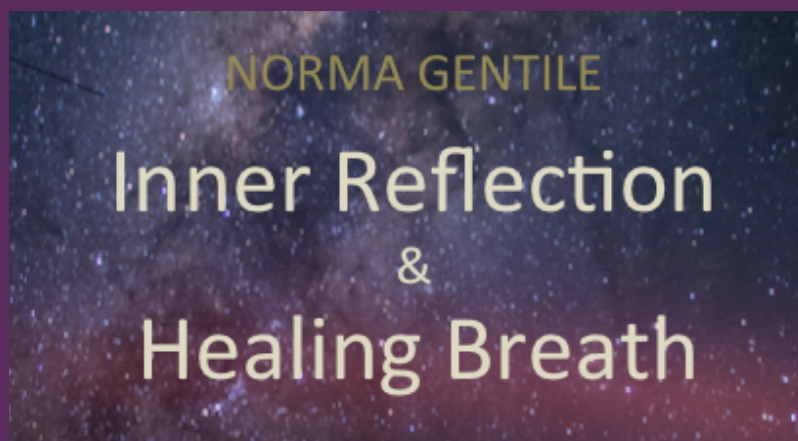
## **Meditation Concert of Sacred Chant in Candlelight**

Norma  
Gentile,  
sound  
shaman (and  
friends)

[Atmaram  
Chaitanya](#)  
(tambura &  
harmonium)  
[Nathan Correll](#)  
(Tibetan bowls &  
gong)

Doors open at  
7:30pm.  
[More Info Here](#)

Even if you aren't in the area, you can enjoy a video of two songs by Norma and Atmaram from last year's event



two songs:

### **Inner Reflection**

Deepening Your Spiritual Guidance

### **Healing Breath**

Accepting Yourself (and Others)

[video](#)   [audio](#)

Norma Gentile, voice  
[Atmaram Chaitanya](#) tambura & harmonium

## **Private Healing Sessions**

(offered in person or by phone)

Sessions include both information from your guides and angels, as well as healing energies to facilitate changes your Soul desires in your body and your life. This multi-faceted approach is notably deep and most people find that one or two sessions provides them with substantial, lasting and profound change. The kind of change that is so complete that there is little or no going back to the other ways of being.

In these healing sessions the spiritual foundation of who you are (the portion of your soul incarnating right now) engages with your body in a new way. This allows what does not reflect your Soul and body to be revealed, understood, and released. Simply put, the real world version of you catches up with the spiritual foundation of who you truly are. After the healing session your Soul, body and life will reflect each other more accurately.

### **How Your Healing is Supported**

I do not intend or focus healing so that your body looks perfect, or that your aura looks like it does in a book. My guides consult and follow your guides, asking at each organ, each chakra, each issue in your life; what is it that your body and Soul choose? What is your next step? And in this process, allowing whatever no longer serves your Soul's journey to be released.

A recording is made of the session. When you listen to the recording your guides and the healing angels will return to continue to help your personal inner understanding and release continue. Sessions are \$215 and last about an hour. Please be in touch with me to secure an appointment time. [office@healingchants.com](mailto:office@healingchants.com) or 734-330-3997. [Read more about private healing sessions here](#)

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Here is a simple video, excerpted from one of my online courses. Oddly enough, it was originally intended as only an audio meditation. I decided to add pictures to clarify some of the ideas. And it turned out to be a nice mix of information and healing meditations. You can go to [Resetting Your Financial Guides](#) and check out the other sections of the course that are offered freely, and enroll now, at the discounted price. That price also includes a \$20 discount on a [private session](#) with me. .



NORMA GENTILE

www

# Money, Ease and Comfort

a meditation from

## ReSetting Your Financial Guide

[Watch Video](#)

[Listen to Audio](#)

This meditation includes insights and energy healing around financial disempowerment; focusing on releasing energies that cause us to feel over-whelmed and to over-work. It includes a healing song, as well as a spoken channeling from Mary (You are Enough), and a healing song..

One of the most interesting sections (to me) looks at how we use our personal energy to 'tune' our possessions. This allows us to define our 'stuff', but may also limit what we allow ourselves to receive in life,

I believe that what is happening in the external world always resonates our own inner issues up and out into our conscious awareness so that we might address them. As we understand more deeply our own wounds, we can more easily have compassion towards the wounds of others.

May what has been offered assist you in your journey,  
Norma

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### UPCOMING EVENTS

### Private Healing Sessions

now available by phone world-wide or in person in SE Michigan

June 23

**Meditation Concert - Ann Arbor**

Yes, please share these newsletters with your friends, your email circle and social media.  
I am on [Facebook](#) - come 'like' my page!

To share via email: copy & paste this URL into your email to them:  
[http://www.healingchants.com/newsletter2018\\_06c.html](http://www.healingchants.com/newsletter2018_06c.html)

Dear Friends,

I am so excited to share with you a video from my new online course, Re-Initializing Reiki. Please have a look, and feel free to share with others.

The world has changed  
You have changed  
Reiki has changed

Why wait?  
Step into your new connection with Reiki and your healing guides and angels now.

sample video

**The Spiral and Linear Paths of Healing**  
from the online course: Re-Initializing Reiki

**New Online Video Courses!**

(special early-bird pricing and a coupon for \$20 off a Private Session)

Spiritual  
courses in  
Healing,  
Sound and  
Energy  
Awareness



created for  
today's online  
world

**Re-Initializing Reiki**

Update your personal connection to Reiki and your healing guides.

\$49 (pre-release price)



**How Healing Happens**

Insights and meditations to help you get out of the way of your own healing process. FREE

Let y  
you r  
\$49

Here are some additional free offerings.

Yes, please share these newsletters with your friends, your email circle and social media.

**Norma's Audio Meditations are available as free podcasts at [iTunes](#)  
Subscribe today!**





This meditation includes insights from myself and my guides Archangel Michael and Mary, along with healing energies to easily open your body's natural connection to it's own Earth energies (also known as 'grounding'), while clearing old patterns that block your Soul's desire for you to create and manifest easily in your lifetime. I include a meditative song (Creating Comfort) near the meditation's end for use whenever you feel 'off' and the world feels 'off' and it's just too weird to put into words. Because when realities overlap and merge, our logical brains are pretty useless!

More of Norma's healing songs, along with videos, can be found under [Sound Healings](#) and [Recordings](#). Her albums are available on [iTunes](#) and at [Amazon](#)

These meditations are very similar to what I offer in my [Private Healing Sessions](#). If you are drawn to this idea, read more about my healing s

MEDITATION  
**Tools for  
Multiple F**

[LISTEN NOW](#)  
[Full Meditation](#)  
(58 mins long)

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[Creating Cor](#)  
[Song Only Au](#)

[iTunes](#)

THIS MEDITA

- How a Narc  
Own Intuition

- How much  
does Your S  
Body?  
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Please be sure to add [newsletter@healingchants.com](mailto:newsletter@healingchants.com) to your approved senders list or address book. This will ensure that you receive the newsletter.