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Re-Initializing Reiki

Update your personal connection to Reiki and your healing guides.

Let yourself hear and follow the Spiritual Beings working with money, ease and living well.

Utilizing SuperNewMoon Energies

a quick note on this week's opportunities for change

Dear Friends,


I awoke this morning and realized that the intensity of energies I was feeling was being aroused by this week's SuperNewMoon. It occurred to me that my guides shared during my meditation might also be of use to you, and so I share their insight with you now.

The energies of this week's SuperNewMoon bring up issues that we are usually able to hide, even from ourselves. For those seeking healing and change in their lives, these New Moon currents can reveal the deeper insights you have been seeking in order to more easily move through to new ways of living.

If you sense 'something' getting in your way of thinking new thoughts and imagining new ideas, this particular series of SuperNewMoons will help (actually they said 'insist') that you release these blocks.

If you have been debating a healing session, this is a great time to do it! I have 2 sessions open this week. If one of them is yours, please be in touch. Oh, and yes, this is the first of three SuperNewMoons, all happening in a row. Hence my guides suggesting that the SuperNewMoon energies will insist on us releasing what we can no longer carry into our new lives.

May love, compassion and charity light your way,
-Norma




The candle
within a
Himalayan
salt lamp
reflects off
of Rose
quartz
crystals in
a glass
bowl. I see
this as a
reminder
that
external
events
always
illuminate
parts of our
inner
world.

We can't
control
which parts
of our inner
landscape
are
illuminated.

But we can
make
choices
about our
response.

Here is a simple video, excerpted from one of my online courses. Oddly enough, it was originally intended as only an audio meditation. I decided to add pictures to clarify some of the ideas. And it turned out to be a nice mix of information and healing meditations. You can go to [Resetting Your Financial Guides](#) and check out the other sections of the course that are offered freely, and enroll now, at the discounted price. That price also includes a \$20 discount on a [private session](#) with me. .

The background of the entire page is a soft-focus image of pink lotus flowers. The petals are layered, with some in sharp focus and others blurred, creating a dreamy, ethereal atmosphere. The colors range from light pink to a deeper magenta.

NORMA GENTILE

www

Money, Ease and Comfort

a meditation from

ReSetting Your Financial Guide

[Watch Video](#)

[Listen to Audio](#)

This meditation includes insights and energy healing around financial disempowerment; focusing on releasing energies that cause us to feel over-whelmed and to over-work. It includes a healing song, as well as a spoken channeling from Mary (You are Enough), and a healing song..

One of the most interesting sections (to me) looks at how we use our personal energy to 'tune' our possessions. This allows us to define our 'stuff', but may also limit what we allow ourselves to receive in life,

I believe that what is happening in the external world always resonates our own inner issues up and out into our conscious awareness so that we might address them. As we understand more deeply our own wounds, we can more easily have compassion towards the wounds of others.

May what has been offered assist you in your journey,
Norma

And if you are near Ann Arbor, please join me!

Saturday, June 23 at 8pm in ANN ARBOR, MI

Meditation Concert of Sacred Chant in Candlelight

Norma Gentile, sound shaman (and friends)

[Atmaram Chaitanya](#) (tambura & harmonium)

[Nathan Correll](#) (Tibetan bowls & gong)



The poster features a warm, golden-yellow background. On the left, a portrait of Norma Gentile is shown above her name and title. In the center, the title 'Solstice Meditation Concert' is written in large, orange, serif font. To the right, there are two smaller portraits: one of Atmaram Chaitanya playing a tambura and one of Nathan Correll playing Tibetan bowls. The event details, including the date, time, location, and suggested donation, are listed in the bottom left. The phrase 'in complete candlelight' is written in a cursive font at the top right.

in complete candlelight

**Solstice
Meditation
Concert**

Norma Gentile
sound shaman

Atmaram
Chaitanya
tambura/harmonium


Nathan Correll
bowls/gong

Interfaith Center
for Spiritual Growth
704 Airport Blvd Ann Arbor

Saturday June 23
at 8pm

HealingChants.com
Suggested Donation: \$20

Even if you aren't in the area, you can enjoy a video of two songs by Norma and Atmaram from last year's event



The video thumbnail has a dark, starry background. The text 'NORMA GENTILE' is at the top in yellow. Below it, 'Inner Reflection & Healing Breath' is written in large white font. To the right, there is a list of two songs with their descriptions. At the bottom right, there are links for 'video' and 'audio', and the names of the performers.

NORMA GENTILE

Inner Reflection
Deepening Your
Spiritual Guidance

Healing Breath
Accepting Yourself
(and Others)

[video](#) [audio](#)

Norma Gentile, voice
[Atmaram Chaitanya](#)

Atmaram Chaitanya
tambura &
harmonium

Private Healing Sessions

(offered in person or by phone)

Sessions include both information from your guides and angels, as well as healing energies to facilitate changes your Soul desires in your body and your life. This multi-faceted approach is notably deep and most people find that one or two sessions provides them with substantial, lasting and profound change. The kind of change that is so complete that there is little or no going back to the other ways of being.

In these healing sessions the spiritual foundation of who you are (the portion of your soul incarnating right now) engages with your body in a new way. This allows what does not reflect your Soul and body to be revealed, understood, and released. Simply put, the real world version of you catches up with the spiritual foundation of who you truly are. After the healing session your Soul, body and life will reflect each other more accurately.

How Your Healing is Supported

I do not intend or focus healing so that your body looks perfect, or that your aura looks like it does in a book. My guides consult and follow your guides, asking at each organ, each chakra, each issue in your life; what is it that your body and Soul choose? What is your next step? And in this process, allowing whatever no longer serves your Soul's journey to be released.

A recording is made of the session. When you listen to the recording your guides and the healing angels will return to continue to help your personal inner understanding and release continue. Sessions are \$215 and last about an hour. Please be in touch with me to secure an appointment time. office@healingchants.com or 734-330-3997. [Read more about private healing sessions here](#)

LISTEN NOW

Power vs. Love; identifying and healing patterns of narcissism, victimhood and people-pleasing

Show #4

Laura Knop had me as a guest on her radio show, [Let's Get Real!](#) discussing narcissism; how we are too easily blinded by narcissists who block our Third Eye/intuition, and pull the energetic grounding out from underneath our bodies. Healing this pattern is crucial, I believe, in order to truly ground, trust our body's telepathic signals, and clearly receive insights from our guides. This is a commercial radio show, so yes, there are commercials. It is Show #4 You can listen (or download the mp3) at this link: <https://www.spreaker.com/show/2814757>

BACKGROUND

People who readily behave like narcissists lie hidden within our lives. Usually they hide in plain sight! We don't see them because the principle traits and behaviors of Narcissistic Personality Disorder are acceptable in American society. The list of narcissistic behaviors is simple to find with an Internet search...or while observing our current political leaders.

On an energetic and spiritual level, souls expressing through a narcissistic personality offer those around them the opportunity to see and experience one of the major polarities within our reality. We each have a choice in how we interact with others. We can wield power over them, or aspire to creating a loving relationship with them. Narcissists stand upon our world stage and offer us the gift of watching the results of choosing power over love.

As a psychic energy healer, I have become aware of how narcissists wield power and blind us to their control over us. In this hour I will explain how narcissists block our Third Eye (and intuition), take over our grounding, (which often begins in early childhood), and gaslight us, convincing us that we are wrong, useless and must rely on them alone. Narcissists ultimately create enmeshed and co-dependent relationships with those around them. They exist because we (unconsciously) feed and encourage them. The reverse of a narcissist is a people-pleaser. We each have the potential to express either aspect.

My intention is to support an awakening to how we have been drawn into co-dependent relationships with narcissists, and begin to unwind the connective psychic cords and energies.

UPCOMING EVENTS

Private Healing Sessions

now available by phone world-wide or in person in SE Michigan

June 23

Meditation Concert - Ann Arbor

Yes, please share these newsletters with your friends, your email circle and social media.
I am on Facebook - come 'like' my page!

To share via email: copy & paste this URL into your email to them:
http://www.healingchants.com/newsletter2018_01.html



sample video

The Spiral and Linear Paths of Healing
from the online course: Re-Initializing Reiki

Dear Friends,

I am so excited to share with you a video from my new online course, Re-Initializing Reiki. Please have a look, and feel free to share with others.

The world has changed
You have changed
Reiki has changed

Why wait?
Step into your new connection with Reiki and your healing guides and angels now.

New Online Video Courses!

(special early-bird pricing and a coupon for \$20 off a Private Session)

Spiritual
courses in
Healing,
Sound and
Energy
Awareness



created for
today's online
world

Re-Initializing Reiki
Update your personal connection to Reiki and your healing
guides.
\$49 (pre-release price)



How Healing Happens
Insights and meditations to help you get out of the way of
your own healing process. FREE

Let y
you r
\$49

Here are some additional free offerings.

Yes, please share these newsletters with your friends, your email circle and social media.

**Norma's Audio Meditations are available as free podcasts at [iTunes](#)
Subscribe today!**



This meditation includes insights from myself and my guides Archangel Michael and Mary, along with healing energies to easily open your body's natural connection to it's own Earth energies (also known as 'grounding'), while clearing old patterns that block your Soul's desire for you to create and manifest easily in your lifetime. I include a meditative song (Creating Comfort) near the meditation's end for use whenever you feel 'off' and the world feels 'off' and it's just too weird to put into words. Because when realities overlap and merge, our logical brains are pretty useless!

More of Norma's healing songs, along with videos, can be found under [Sound Healings](#) and [Recordings](#). Her albums are available on [iTunes](#) and at [Amazon](#)

MEDITATION
**Tools for
Multiple F**

[LISTEN NOW](#)
[Full Meditation](#)
(58 mins long)

SONG
[Creating Cor](#)
[Song Only At](#)

[iTunes](#)

THIS MEDITATION

- How a Narcissist
Own Intuition

- How much
does Your Soul
Body?

-

are available on [iTunes](#) and at [Amazon](#)

These meditations are very similar to what I offer in my [Private Healing Sessions](#). If you are drawn to this idea, read more about my healing s

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Very Important:

Please be sure to add newsletter@healingchants.com to your approved senders list or address book. This will ensure that you receive the newsletter.