

Transmutation

Celebrating (and fearing) the next step

Between now and November 20 there is a potent window open for us to easily feel emotions, beliefs and behaviors that are of the old way of being, and welcome ourselves (and our world) to step more fully into a new way of behaving. Much of the time when we look at the start of these cycles it seems very scary! Stepping forward into something new often is unnerving, as our body's ability to ground itself into the new quality of energies, ideas and choices may seem to be lacking. Because it seems scary we tend to hold onto old behaviors and known ways of doing things. But as we trust that indeed our body is always and already fully grounded into Earth, we will be more fully capable of feeling and knowing what to discard and what to welcome into this new cycle. And if grounding and safety continue to be issues, we know that these are precisely the areas of life into which our soul desires to expand.

A Prayer for Transmutation *(from Mary, through Norma)*

May our ability
to face adversity
reveal to us our
own Truth
May our fear of
another
become insight
into our own
wounds
So that our
judgment
may become
active
compassion



I have been hesitant to share what is below publically. In part because it is information given to me while I was teaching the online courses about [Re-Setting Financial Guides](#) and [Re-Initializing Reiki & Healing Guides](#). It comes from a section where I ask Archangel Michael to step forward and share energies and ideas with me that are helpful for the group.

Sometimes when this happens the ideas I receive seem a bit far-fetched, and only later in time do I understand why Archangel Michael helped me think a new way, and brought me into an awareness of a new idea.

This is one of those ideas. And I decided it is important, so rather than hold onto it for just those participating in the online courses, I want to share this idea with everyone.

Within the community that works with energy healing and spirituality we (energy workers in the U.S. and Western Culture) have looked at the upper dimensions, but we have not looked with as much interest at the lower dimensions.

We are truly blessed in the U.S., Canada and Mexico to still have an indigenous population who are actively working with the lower dimensions. They are doing this on our behalf. Such an indigenous culture is not present in other parts of the world, such as Northern Europe.

For this reason energy workers and those of aware of subtle energies in the U.S., Canada and Mexico have been able to focus on the upper dimensions of Spiritual Energies without completely losing themselves and their connection to their physical bodies.

But this is ready to change.

Spirit lives and expresses itself through all dimensions. Spirit flows in equally loving ways through the so-called upper dimensions of vibration we think of as Heavenly and those lower dimensions thought to reflect Earthly consciousness. We who have incarnated into the Western Culture (and into non-indigenous bodies) are ready to begin to look into the richness of the Earth and lower dimensions that our indigenous brethren have held on our behalf for so long in a sacred manner. Collectively, our Western Culture has been taking a deep breath and preparing to take this very particular step for over 50 years. And it is just a tiny first step! There is much more to come.

Our readiness to begin to dive into the depths of the Earthly dimensions is intertwined with our larger world's awakening and embracing of the Divine Feminine. This time period is not just about embracing the Earth as Mother, but learning to welcome how the cycles of Creation, as interpreted through the lower dimensions of Earth, play out in our lives.

As we each gaze upward into the Heavens,
we do so from within bodies
made from Earthly atoms.

We [in Western Culture] are learning to welcome and not fear the end of things. For most people it is far easier to welcome the end of Winter than the end of sunny warm days that lead into Winter. It is far easier to welcome the birth of green buds on tree branches than these same bare branches exposed to the grey skies.

And most importantly, it is much easier to welcome the beginning of an idea than to accept the end of a way of living. Just as the ground of the Earth receives our physical body when our soul is done with it, so too consciousness within the lower Earthly dimensions receive and respond to our emotions and beliefs. Right now the Earth and lower dimensions are helping all of humanity to move through a process of collective grief.

Only as we express this grief are we able to summon the courage and momentum to go through it. We are grieving the end of the profane and non-sacred masculine. We are grieving all that was built in its name and with its power.

We are celebrating (and fearing) the beginning of the emerging Sacred Masculine and Divine Feminine. In order for these to manifest, they must be honored not just in the upper dimensions but in the lower Earthly dimensions. That means embracing fertility and abundance, as well as decay and death.

Our bodies are birthed out of Earth's atoms. What a gift we have been given. We (in Western Culture) seem to believe that we have to 'get in-touch' with the Earth. I and Archangel Michael find this humorous. Why do we need to search for a connection between our human physical body and the Earth?

Archangel Michael (at least the portion of consciousness that I connect with) finds it humorous that I spent many years trying to get more grounded. After all that work, I finally realized that my body was already connected to the Earth because it is made from the Earth.

Yes, it really was that simple.

When we love and adore our body we are loving and adoring the Earth. When we love and adore the Earth we are loving and adoring our body.

Yes, it is that simple.

Humans, at least some of us, are still in Spiritual Kindergarten. Thankfully some of the older kids in our shared Spiritual school are helping us out. They are bringing our attention to what we have forgotten; that Earth, and the lower spiritual dimensions, are just as important as the upper dimensions.

In order to have any impact upon the Earth, an energy (meaning a guide or angel, human soul or consciousness of any type), must enter into the third dimensional Earth from the dimensions both above and below it. Nothing can enter into our reality that does not already exist in both the upper and lower dimensions. In my channeling of Archangel Michael (while creating the Financial Guides and Re-Initializing Reiki courses) Michael stated multiple times that the consciousness of everything exists in every dimension.

During energy work, true healing occurs only when both Heavenly and Earthly causes of a pattern are addressed and transmuted. Most of us in Western Culture were taught to connect or channel energies from Heaven, or from a source that is somehow 'better' than Earth. This limits us to working with only the Heavenly aspect of a pattern. For this reason there is often temporary relief, but no long-term resolution to our patterns. Honoring the Earthly aspect of ourselves and those beings and consciousness' within the Earth is our next step in evolution and in healing.

Blessings upon those who are reminding us of our physical Earth, and the lower dimensions and beings within Her.

-Norma Gentile
in blended channeling with Archangel Michael

Yes, please share these newsletters with your friends, your email circle and social media.

UPCOMING EVENTS

Nov 18-20

Chicago, IL Private Healing Sessions

A few sessions remain, primarily Sat eve and Sun morning. Please contact me if you are interested.

Check out Norma's new online Spiritual video courses (save \$20 with early-bird price)

Re-Initializing Reiki

Update your personal connection to Reiki and your healing guides.

\$49 (pre-release price)

How Healing Happens

Insights and meditations to help you get out of the way of your own healing process. FREE

Let yourself
you right now
\$49 (pre-release price)

from the last newsletter

I believe that there is great service in the role Donald Trump is playing. He and the beings he unwittingly channels are holding up a mirror that shows what we as a society are ready to change.

And we must look, in order to understand the changes that must occur.

