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online video course with
Norma

Re-Initializing Reiki
Update your personal
connection to Reiki and
your healing guides.
**(intro price of \$49
includes \$20 off a
private session with
Norma)**

Sacred Sound, Chant and Healing

an experiential workshop
offered by Norma Gentile,
sound shaman

**Saturday, February 18
from 10am - 1pm**



Dear Friends,

There is an energetic 'void' zone in the two weeks between the lunar and solar eclipses (Feb 11 and 26). During these two weeks we have a unique freedom to create (and re-create) major life choices. And yes, this will also impact world events. So here is a special gathering in the midst of this opportunity with chant, sacred sound and silent meditation.

In our time together we will explore the power of Sacred Sound to hold space for the healing of ourselves, other people or world situations. This is a nice blend of newly emerging information for healers and experiential group toning that everyone can enjoy. All are welcome regardless of musical background. My aim is to give you practical ideas you can take with you to other healing groups, chant or drumming groups, and out into your daily life. As a group we will use chanting, toning and quiet meditations to open our physical bodies and energy systems to conduct greater healing through us.

I will offer a sound meditation, including medieval healing chants by St. Hildegard of Bingen, created specifically for workshop participants, using my voice and Tibetan Singing Bowls. Wear loose comfortable clothing, and feel free to bring a pillow and blanket to lie down during the sound healing meditation.

**\$35 at the door or
online now**

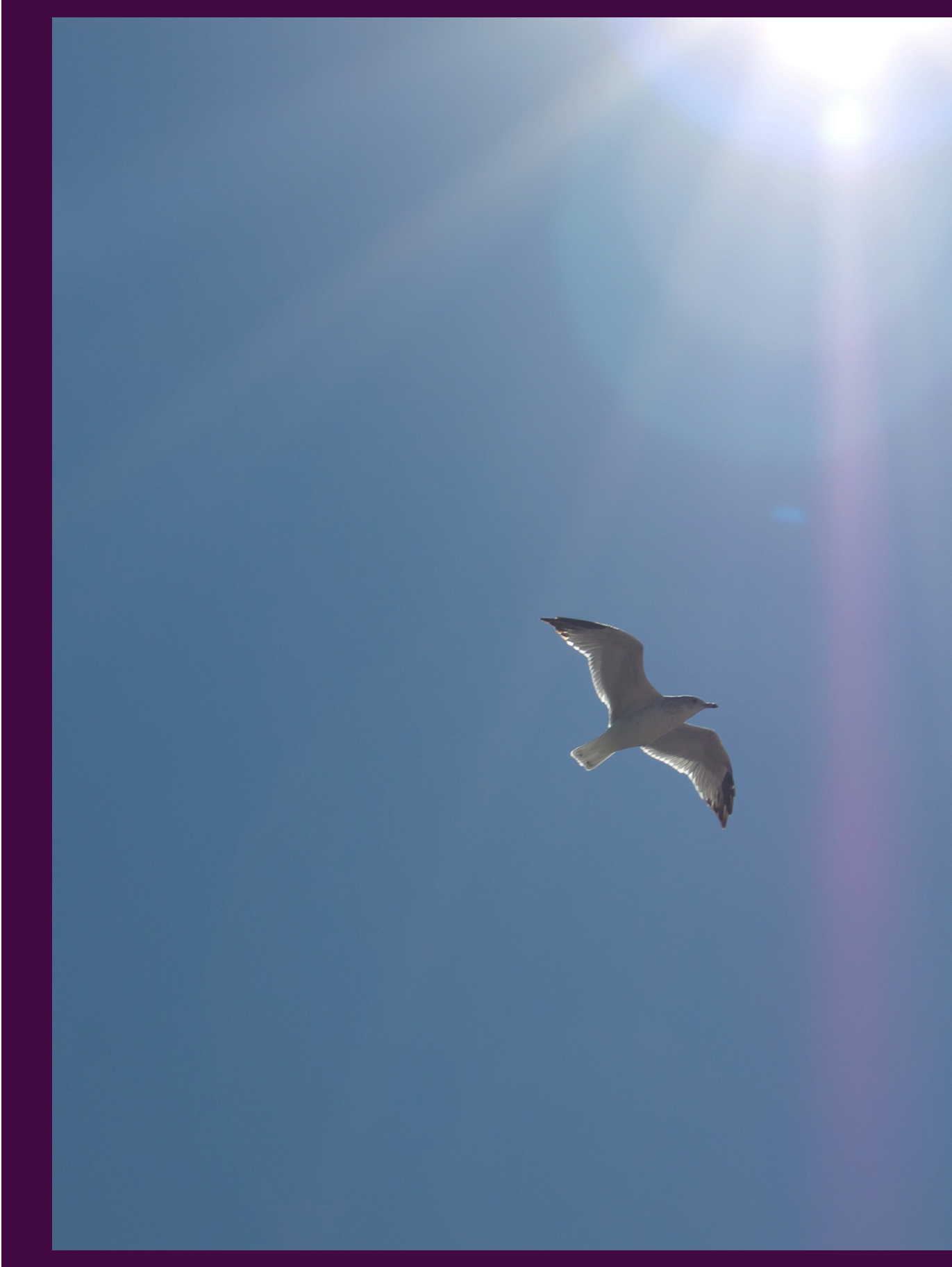
**LOCATION: Unity Church of Lake Orion 3070 S. Baldwin Rd, Orion Twp, MI 48359
248-391-9211**

If you honor that the power to heal is within each of us, you are the type of person who will benefit from this time.

Norma Gentile, (B.M. and M.M. in Vocal Performance) has her feet in both the professional music world and in the shamanic traditions of healing. Having seen auras and angels as a child, she learned to utilize her spiritual connections as an adult by training with shamans and psychics while developing her own means of using music for spiritual healing. Drawn to music that

lends itself to inviting listeners into a deep state of inner awareness, Norma combines Tibetan singing bowls from the eastern meditation tradition with the western medieval chants of St. Hildegard von Bingen.

Here is a series of three healing songs (from my Hathor guide Atamira) and a brief talk (based on the written channeling from Archangel Michael). Here you will find a portal for calmly turning inwards, and recognizing the newly emerging aspect of your own Sacred Masculine.



Three Healing Songs, invoking the qualities of the

- Divine Feminine within the Earth
- Emerging Sacred Masculine within you
- StillPoint of Transmutation

Yes, please share these newsletters with your friends, your email circle and social media.

Private Healing Sessions

(offered in person or by phone)

I am very good at helping to lift off heavy energies and get chronic issues to begin to move. Any energy released goes home, to follow its own growth and evolution. This means that what is released does not return. And it means that those energies with awareness know that I mean to help them. In this way your agreement to "keep them safe" is brought to completion, because they are released with honor and respect onto their next step. This is true of all energies, big or small, that your soul and body are ready to release.

Remember that any energy in your body or aura that is not in time or in tune with you will cause a slow, steady draining of your vitality. This leads to larger issues arising in the physical body, emotional overwhelm, and psychic cloudiness. A complete "deep cleaning" regularly can help you find, address, and release what is no longer yours to carry. This frees you up to engage fully with your own life's issues. (and yes, we can address life issues as well in the session).

A recording is made of the session. When you listen to the recording your guides and the healing angels will return to continue to help your personal inner understanding and release continue. Sessions are \$215 and last about an hour. Please be in touch with me to secure an appointment time. office@healingchants.com or 734-330-3997. [Read more about private healing sessions here](#)

[Download PDF](#)

UPCOMING EVENTS

Private Healing Sessions
by phone or in person in SE Michigan

New Online Video Courses!

(special early-bird pricing and a coupon for \$20 off a [Private Session](#))

Re-Initializing Reiki

Update your personal connection to Reiki and your healing guides.
\$49 (pre-release price)

How Healing Happens

Insights and meditations to help you get out of the way of your own healing process. FREE

Let yourself hear and follow the money guides you right now
\$49 (pre-release price)



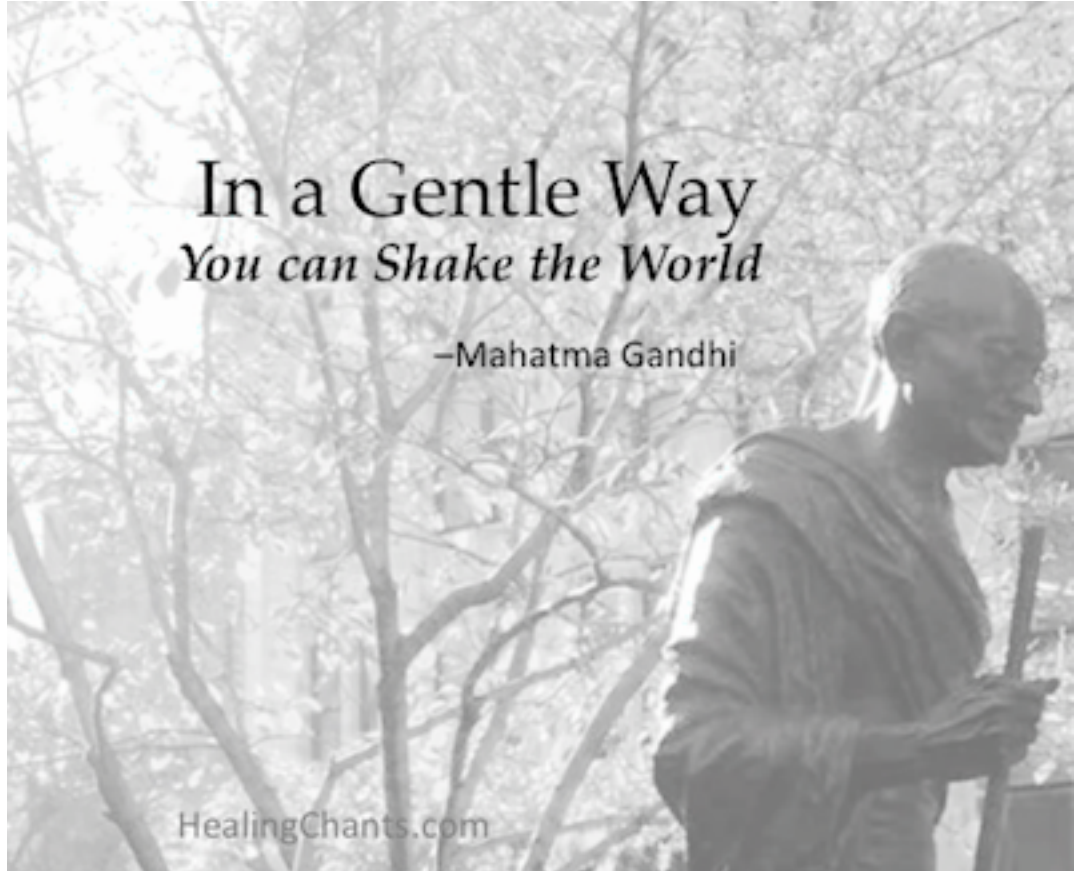
Pay no attention to the fireworks

Deepening our psychic and spiritual connections

**The
Transformational
Power of Grief**

Grief is a powerful tool for transformation. Especially when it is shared by millions of souls interconnected by spiritual agreements. Grief, when fully embraced, leads to a deep sense of individual empowerment. The last SuperFullMoon of this size occurred in 1948, just five days before the assassination of Mahatma Gandhi. His example of peaceful protest was the model for the civil rights movement here in the US.

I feel a similarity in the waves of grief, disbelief and fear that citizen's of India and many world leaders experienced back then with his assassination, and the same waves of emotional shock that millions in the US, along with other world leaders, are processing now. There are no coincidences. This particular US election and the SuperFullMoon are inexorably linked together.



A song from St. Hildegard, which seems appropriate to this moment in time, is streaming freely on my [website](#).. It is from my album [Unfurling Love's Creation](#), dedicated to the Divine Feminine. [For mobile devices click here to listen](#)

I behold you, noble and glorious woman...
You are the sacred matrix in which God takes great pleasure.
The essences of Heaven flooded into you,
and the Great Word of God dressed itself in flesh.

Your flesh held joy, like grass upon which dew falls,
pouring its life-green into it,

and so it is true in you also,
Mother of all delight.

Ave Generosa

A song dedicated to Mary, a living representation of the
Divine Feminine
[iTunes link](#)

Yes, please share these newsletters with your friends, your email circle and social media.



sample video

The Spiral and Linear Paths of Healing
from the online course: [Re-Initializing Reiki](#)

Dear Friends,

I am so excited to share with you a video from my new online course, [Re-Initializing Reiki](#). Please have a look, and feel free to share with others.

The world has changed
You have changed
Reiki has changed

Why wait?
Step into your new connection with Reiki and your healing guides and angels [now](#).

Norma's Audio Meditations (available as free podcasts)

Feeling Safe in a Turbulent World

Resetting the Spiritual pattern of our lower body chakras



Listen to excerpts now:

1. [When the Body's Rivers of Energy Open](#)
2. [Engaging with Comfort](#)

[iTunes](#)

[Listen to mp3 directly](#)

[Transcript
& more information](#)

This meditation includes [Ave Generosa](#), a song written in the 12 century by St. Hildegard of Bingen. More of Norma's healing songs, along with videos, can be found under [Sound Healings](#) and [Recordings](#). Her albums are available on [iTunes](#) and at [Amazon](#).

*Meditation #50
from September
16, 2016*

Our lower chakras are underdeveloped and so not able to convey to us the psychic information that our body naturally receives. We have lost our ability to correctly interpret what our body is actually experiencing. In order to feel safe, we fall into habits that limit our expression out into our world. Fear, distrust, and not being able to make decisions are some ways that this manifests. This meditation offers you an opportunity to clear and reset your lower chakras, allowing your body to more easily connect into the nourishing energies and loving experiences that are possible in your life.

This meditation is about letting go of our brain's need to control, and learning to trust that what is around us supports us. Even when it feels uncomfortable to us, whatever engages with us in some way serves the journey of our body and soul. Our personality's

insistence that something is wrong (or right) and must (or must not) happen is what moves us into polarity.

When we are functioning in this polarized state, it is very difficult to see options besides doing something, or doing its opposite.

There is an intelligence deep within our lower body's chakras that does not function in a polarized manner. I see it as a unique quality of psychic perception lying primarily in the navel, 2nd chakra, and enteric nervous system.

When we are able to engage with it, information received by this psychic (or Spiritual) intelligence is able to move out of our lower body and reach our heart and mind. We oftentimes have clarity about deep-seated issues when the information that has been received by our lower chakras is able to be transmitted to our heart and mind. For example, we can see options that were hidden from us when our only view was

through the polarized lens of our overly busy brain. And because we perceive more options in a situation, we are able to address life issues in a very different manner.

These meditations are very similar to what I offer in my [Private Healing Sessions](#). If you are drawn to this idea, read more about my healing sessions [here](#).

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Norma's Newsletter Sign-Up

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