

[Subscribe
to Norma's
Newsletter](#)

[read online](#)
[print PDF](#)

Explore Norma's Online Classes

Re-Initializing Reiki

Update your personal connection to Reiki and your healing guides.

Let yourself hear and follow the Spiritual Beings working with money, ease and living well.

MerKaBa Meditation & Pranic
Nourishment
COMING 2020



How Healing Happens
and how to let it happen

Dear Friends,

If you have attended one of my events then you know that there is a point where the atmosphere in the room is rich and Spirit is tangibly present. When this moment occurs in a concert, I invite all those present to add their voices and move with me as I sing. Here is that moment, unedited, unscripted, from a recent Meditation Concert, where Spirit sang through all of us.

A SONG: Mother of Eternity (close your eyes, take a deep breath and listen now)

If you feel moved to, please join me in another time of Sacred Songs, Candlelight, and Healing Energies, Saturday December 21 in Ann Arbor. And bring friends!

Saturday, December 21 at 8pm Ann Arbor

Candlelight Meditation Concert for the Winter Solstice



**WINTER SOLSTICE
SATURDAY DEC 21 AT 8PM**

Candlelight



Norma Gentile
SOUND SHAMAN

WINTER SOLSTICE
SATURDAY DEC 21 AT 8PM

Candlelight Meditation

a time of
Sacred Song & Chant

Suggested Donation \$20

www.HealingChants.com

Interfaith Center for Spiritual Growth
704 Airport Blvd Ann Arbor

Plan Ahead and Reserve Your Tickets Now
\$20 Suggested Donation (cash/checks at door)

Interfaith Center for Spiritual Growth
704 Airport Blvd, Ann Arbor, Michigan
(just south of the I-94/State Street exit)

Come, bathe yourself in Sacred Sound and Healing Chants.

You are welcome to bring your meditation cushions and blankets, if you prefer not to sit in traditional chairs. You can also contribute, if you like, a scent-free natural bees wax candle (in a holder) to place on the altar. Flowers can also be left on the altar. All of these can then be taken home with you freshly cleared and energized after the concert.

Doors open for seating at 7:30pm.

P.S. - Impress your friends by letting them know that Norma's singing is described as "devotion"

UPCOMING EVENTS

Private Healing Sessions

now available by phone world-wide or in person in SE Michigan

Dec 21

Solstice Meditation Concert (Ann Arbor)

January

Full Moon Meditation (phone/online)

A tiny bio for those who do not yet know me:

I have always seen auras. As a psychic I 'see' how people connect to their guides, angels, and other people. My healings assist in clearing accumulated cobwebs and awakening the innate creativity and healing potential within each person. I use my intuition, insights from your guides and angels, healing energies and music in this process. I believe that our world is healed as each person heals themselves.

Private Healing Sessions

(offered in person or by phone)

Sessions include both information from your guides and angels, as well as healing energies to facilitate changes your Soul desires in your body and your life. This multi-faceted approach is notably deep and most people find that one or two sessions provides them with substantial, lasting and profound change. The kind of change that is so complete that there is little or no going back to the other ways of being.

In these healing sessions the spiritual foundation of who you are (the portion of your soul incarnating right now) engages with your body in a new way. This allows what does not reflect your Soul and body to be revealed, understood, and released. Simply put, the real world version of you catches up with the spiritual foundation of who you truly are. After the healing session your Soul, body and life will reflect each other more accurately.

How Your Healing is Supported

I do not intend or focus healing so that your body looks perfect, or that your aura looks like it does in a book. My guides consult and follow your guides, asking at each organ, each chakra, each issue in your life; what is it that your body and Soul choose? What is your next step? And in this process, allowing whatever no longer serves your Soul's journey to be released.

A recording is made of the session. When you listen to the recording your guides and the healing angels will return to continue to help your personal inner understanding and release continue. Sessions are \$215 and last about an hour. Please be in touch with me to secure an appointment time. office@healingchants.com or 734-330-3997. [Read more about private healing sessions here](#)

If you are seeing this newsletter because a friend sent it to you, you can subscribe and see past newsletters [here](#).

Yes, please share these newsletters with your friends, your email circle and social media.
I am on [Facebook](#) - come 'like' my page!

Meditation #60 from October 13, 2019

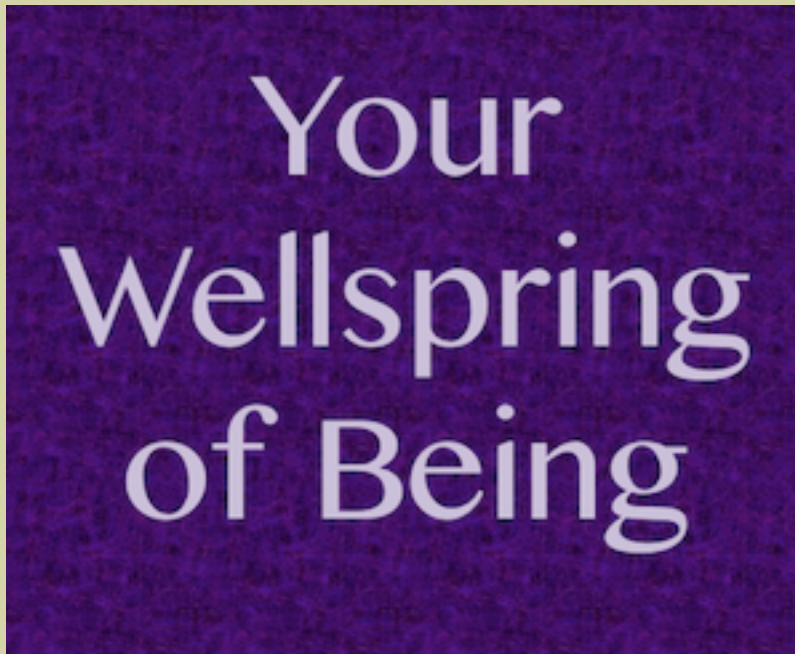
Your Wellspring of Being

Includes video excerpts and a healing song

[Apple
Music](#)

[Listen
to
mp3](#)

[Transcript
& more
information](#)



LISTEN TO THE SONG: [Resolving](#)

WATCH VIDEO EXCERPTS:

[Guides and Angels from the Past cause Issues in the Present](#)

[Healing Through our Imperfections](#)

[Meditation and Sound Healing: Tapping into Your Wellspring of Life](#)

Great to induce a good night's sleep!

This meditation includes an extended clearing that you can repeat on your own, followed by a nourishing healing that is both spoken and sung.

During this meditation each person's body is encouraged to tap into its own innate Wellspring of Life.

INCLUDES:

- Recognizing how you are already connected to Archangel Michael
- Guides and Angels from the Past cause Issues in the Present
- Meditation (you can repeat) to Thoroughly Clear your Body and Aura (2-4-6 Meditation)
- Healing Through our Imperfections
- Meditation and Sound Healing: Tapping into Your Wellspring of Life
- Your second chakra determines the level of comfort that your Soul wants your body to experience in this lifetime.
- Releasing connections to Other People and Guides and Angels who have completed their task during this meditation

Norma's music is available on [Apple Music](#), [CDBaby](#), [Amazon](#) and most streaming services.

an online course
for all levels and lineages

Re-Initializing Reiki

sample video

The Spiral and Linear Paths of Healing
from the online course: Re-Initializing Reiki

Dear Friends,

I am so excited to share with you a video from my developing online course, Re-Initializing Reiki. Please have a look, and feel free to share with others.

The world has changed
You have changed
Reiki has changed

Why wait?
Step into your new connection with Reiki and your healing guides and angels now.

New Online Video Courses!

(special early-bird pricing and a coupon for \$20 off a Private Session)

Spiritual courses in Healing, Sound and Energy Awareness



created for today's online world

Re-Initializing Reiki
Update your personal connection to Reiki and your healing guides.
(pre-release price)



How Healing Happens
Insights and meditations to help you get out of the way of your own healing process. FREE

Let y
you r
(pre-

Here are some additional free offerings.

Yes, please share these newsletters with your friends, your email circle and social media.

Norma's Audio Meditations are available as free podcasts at [iTunes](#)
Subscribe today!



This meditation includes insights from myself and my guides Archangel Michael and Mary, along with healing energies to easily open your body's natural connection to it's own Earth energies (also known as 'grounding'), while clearing old patterns that block your Soul's desire for you to create and manifest easily in your lifetime. I include a meditative song (Creating Comfort) near the meditation's end for use whenever you feel 'off' and the world feels 'off' and it's just too weird to put into words. Because when realities overlap and merge, our logical brains are pretty useless!

More of Norma's healing songs, along with videos, can be found under [Sound Healings](#) and [Recordings](#). Her albums are available on [iTunes](#) and at [Amazon](#)

MEDITATION
**Tools for
Multiple F**

LISTEN NOW
Full Meditatio
(58 mins long)

SONG
Creating Cor
Song Only At

iTunes

THIS MEDITA

- How a Narc
Own Intuition

- How much
does Your S
Body?
-

These meditations are very similar to what I offer in my [Private Healing Sessions](#). If you are drawn to this idea, read more about my healing s